

Protocols by Level of Risk

<p style="text-align: center;"><u>AT RISK (15-18)*</u></p> <p style="text-align: center;">FREQUENT TURNING MAXIMAL REMOBILIZATION PROTECT HEELS MANAGE MOISTURE, NUTRITION AND FRICTION AND SHEAR PRESSURE-REDUCTION SUPPORT SURFACE IF BED- OR CHAIR-BOUND</p> <p style="text-align: center;">* If other major risk factors are present (advanced age, fever, poor dietary intake of protein, diastolic pressure below 60, hemodynamic instability) advance to next level of risk</p>	<p style="text-align: center;"><u>MANAGE MOISTURE</u></p> <p style="text-align: center;">USE COMMERCIAL MOISTURE BARRIER USE ABSORBANT PADS OR DIAPERS THAT WICK & HOLD MOISTURE ADDRESS CAUSE IF POSSIBLE OFFER BEDPAN/URINAL AND GLASS OF WATER IN CONJUNCTION WITH TURNING SCHEDULES</p>
<p style="text-align: center;"><u>MODERATE RISK (13-14)*</u></p> <p style="text-align: center;">TURNING SCHEDULE USE FOAM WEDGES FOR 30! LATERAL POSITIONING PRESSURE-REDUCTION SUPPORT SURFACE MAXIMAL REMOBILIZATION PROTECT HEELS MANAGE MOISTURE, NUTRITION AND FRICTION AND SHEAR</p> <p style="text-align: center;">* If other major risk factors present, advance to next level of risk</p>	<p style="text-align: center;"><u>MANAGE NUTRITION</u></p> <p style="text-align: center;">INCREASE PROTEIN INTAKE INCREASE CALORIE INTAKE TO SPARE PROTEINS. SUPPLEMENT WITH MULTI-VITAMIN (SHOULD HAVE VIT A, C & E) ACT QUICKLY TO ALLEVIATE DEFICITS CONSULT DIETITIAN</p>
<p style="text-align: center;"><u>HIGH RISK (10-12)</u></p> <p style="text-align: center;">INCREASE FREQUENCY OF TURNING SUPPLEMENT WITH SMALL SHIFTS PRESSURE REDUCTION SUPPORT SURFACE USE FOAM WEDGES FOR 30! LATERAL POSITIONING MAXIMAL REMOBILIZATION PROTECT HEELS MANAGE MOISTURE, NUTRITION AND FRICTION AND SHEAR</p>	<p style="text-align: center;"><u>MANAGE FRICTION & SHEAR</u></p> <p style="text-align: center;">ELEVATE HOB NO MORE THAN 30! USE TRAPEZE WHEN INDICATED USE LIFT SHEET TO MOVE PATIENT PROTECT ELBOWS & HEELS IF BEING EXPOSED TO FRICTION</p>
<p style="text-align: center;"><u>VERY HIGH RISK (9 or below)</u></p> <p style="text-align: center;">ALL OF THE ABOVE + USE PRESSURE-RELIEVING SURFACE IF PATIENT HAS INTRACTABLE PAIN OR SEVERE PAIN EXACERBATED BY TURNING OR ADDITIONAL RISK FACTORS</p> <p style="text-align: center;">*low air loss beds do not substitute for turning schedules</p>	<p style="text-align: center;"><u>OTHER GENERAL CARE ISSUES</u></p> <p style="text-align: center;">NO MASSAGE OF REDDENED BONY PROMINENCES NO DO-NUT TYPE DEVICES MAINTAIN GOOD HYDRATION AVOID DRYING THE SKIN</p>