

Activities Case Study

Roberta Smith is a new admission to your facility. She is 72 years old with mild to moderate dementia. Previously she lived at home with her husband, where she was successful with his involvement in her care. Two months ago, her husband passed away. Her husband had not shared any details of Mrs. Smith's cognitive decline and the family began to realize that she couldn't live alone. After six weeks of poor eating, inconsistent medication administration, and lack of good personal hygiene, she fell at home and was hospitalized. She was discharged from the hospital to your facility for rehab and potential long-term placement.

Upon admission, it is apparent that she is depressed over the loss of her husband and is confused about her surroundings, unaware that she is in a nursing home. Therapy is treating in hopes that she will regain strength, but currently she is very weak without stamina. She doesn't know any of the residents or staff and her three daughters are only able to visit on the weekends. She does have several close friends in the community and was part of a weekly women's golf league before her husband died. Since she no longer drives, she hasn't participated in the league since her husband dies.

The family has reported that Mrs. Smith likes to garden, bake, read, and enjoys watching game shows with her favorites being Jeopardy and Wheel of Fortune. Every day she would read the newspaper to keep up with happenings in her small community. However, she now is frustrated when trying to read as she struggles to understand what she is reading. She also enjoys watching old movies, especially romantic films. She has 10 grandchildren and much of her life was focused on their events - sports, music, visits, or family meals. She traditionally attended church services each Sunday but has not gone since her husband died.

During the MDS preferences interview, she responded that each activity was not important at all. On the third day of her stay, she was invited to watch Casablanca with other residents, and she declined, stating she believed that the other residents didn't want her there because she has a quiet, but frequent uncontrollable grunting habit.

Assignment One: Based upon Mrs. Smith's case study, develop an analysis of findings to include:

1. What is the problem/need?
2. What are Mrs. Smith's potential risks?
 - Health conditions
 - Personality type
 - Current losses
 - ???
3. What contributed to the problem/need?

Assignment Two: Develop a care plan for Mrs. Smith utilizing information gathered through interview, observation, and evaluation, then summarized on the CAA. Be sure to include the Dimensions of Wellness, as appropriate:

- Social – Sense of Connection
- Sensory - See, Hear, Touch, Smell, & Taste
- Physical – Motor Skills
- Intellectual/Cognitive - Creative Abilities
- Environmental - Pleasant and Stimulating Space
- Emotional - Coping/Relationships
- Existential - Purpose and Meaning in Life