

Leadership Principles and Practices from LifeWorks Education

Creating Cultures Where People Flourish, Prosperity Ensues, & Life Works

When leading, these fundamental truths or propositions serve as a foundation for creating cultures in which people flourish:

- Knowing and expressing who you are and what you stand for.
- Being committed to something greater than yourself.
- Being Authentic – your actions match your words.
- Creating trust through ‘leadership listening’. This is a way of listening unites your team and builds teamwork by recognizing, allowing, and acknowledging each team members’ unique and essential contribution to the success of the project.

Leadership Listening (ways of being as a matter of listening)

Based on decades of experience leading people and building teams, we have found that truly effective leaders exercise and practice a certain quality of listening. We call it ‘*leadership listening*’; a context, a stand you take for empowering people, building teams, creating alignment and producing results.

We distinguish leadership listening as:

- Listening for each team members’ commitment to and unique contribution to the success of the organization or project.
- Listening that supports people in making contributions in a way that works for the team and the project.

Leadership Listening creates alignment and increases productivity.

Leadership Development is listening for what one is committed to and supporting them in realizing that future.

Authentic leadership and truly effective leaders listen in such a way that they inspire others to lead. They hold the possibility for growth and development, becoming a source of well-being. By acknowledging and standing on the shoulders of their team, leaders recognize that they work for their employees by:



- Putting people’s well-being first
- Providing a future to grow into
- Keeping their word or taking responsibility when they don’t.

Creating Cultures Where People Flourish, Prosperity Ensues, & Life Works

This intention of this worksheet is to support and empower you in being a leader. Your consideration and responses take you beyond theory and into practice. Take your time, you are inquiring, there are no right or wrong answers. We recommend that you **share with your team** and invite them to consider and respond to these questions for themselves.

Who I declare myself to BE and what do I stand for?

What am I committed to that's larger than myself?

Where in my life am I **already exercising leadership** listening?

Where in my life could I be more effective by **practicing leadership listening**?

LifeWorks Education is committed to empowering healthcare organizations in creating cultures in which people flourish. Our programs are designed to leave you, your teams and your organization with new possibilities for being, living and working with extraordinary health, vitality, happiness, meaning, belonging, freedom, fun, and self-expression.

LifeWorks Education is Listening. Our leadership development and consultation services start with intensive **listening sessions**.

To book your Listening Session or learn more about our consulting, coaching or workshops: Jerry Bridge, Co-founder, Speaker, Program Facilitator

Jerry@LifeWorkseducation.com | California Office 805.219.0581

