

IHCA SPRING WORKSHOP

SUN VALLEY RESORT

SUN VALLEY, IDAHO – APRIL 28, 2023



**THINK
BEYOND**

*It's never too late to think big and widen your horizons.
Look beyond old practices and past limits to see the bigger picture.
As you do, new perspectives and opportunities will emerge.*

SPECIAL THANKS TO OUR SPRING WORKSHOP SPONSORS



All Care

All Care Health Solutions



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Healthcare

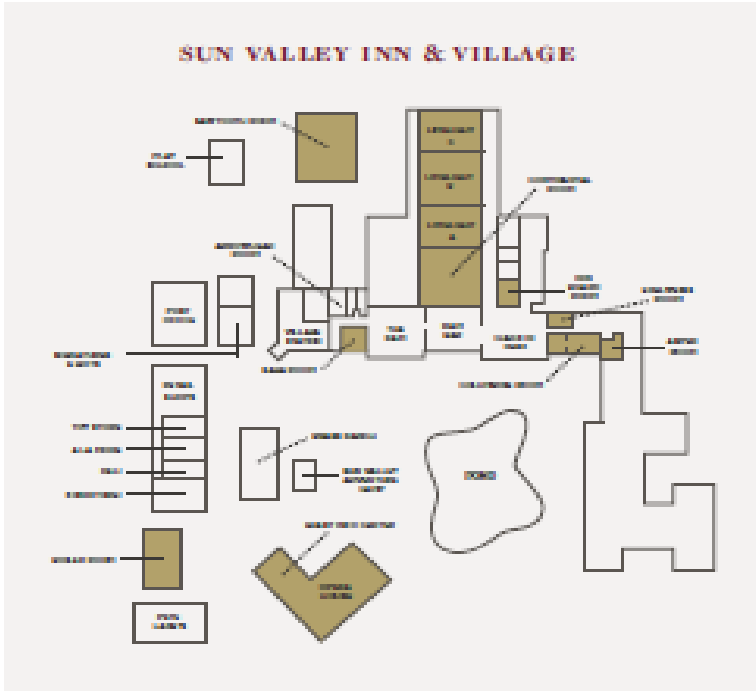


HORIZON

HOME HEALTH
AND HOSPICE

VENUE AND HOTEL

The 2023 IHCA Winter Workshop will be held at The [Sun Valley Resort](#) in beautiful Sun Valley, Idaho.



Spring Workshop Registration Includes:

- Entry to all educational sessions
- Meals and refreshments
- Entrance to Exhibitor Showcase
- CEUs for attendance at entire sessions

Members (Lunch Included):

- \$129/person – Regular Registration
- \$179/person – Late Registration
 - after April 18th

Non-Members (Lunch Included):

- \$184/person – Non-member Regular Registration
- \$214/person – Non-member Late Registration
 - after April 18th

Cancellations and No-Shows

- Cancellations are subject to a \$50.00 fee when made **more than seven days prior to the event**. There will be no refunds or credit given for no-shows or cancellations within **seven days or less of the event**.

SCHEDULE-AT-A-GLANCE

Friday, April 28, 2023

Morning

6:30 – 7:30 **Exhibitor Check-in and Setup**
Limelight C

7:30 – 9:00 **Check-in and Onsite Registration**
Limelight B (Promenade)

7:30 – 9:00 **Networking Breakfast**
Limelight B

Breakfast Sponsored By:



7:30 – 5:00 **Exhibitor Showcase and IHCA Foundation Raffle**
Limelight C

9:00 – 10:30 **Breakout Sessions**
Limelight A, Limelight B, & Continental Room

10:45 – 12:15 **Breakout Sessions**
Limelight A, Limelight B, & Continental Room

12:15 – 1:15 **Lunch with Vendors**
Limelight B

Lunch Sponsored By:



Afternoon

1:15 – 1:30 **Break and Exhibitor Showcase**
Limelight C

1:15 – 3:00 **Breakout Sessions**
Limelight A, Limelight B, & Continental Room

3:15 – 4:45 **Breakout Sessions**
Limelight A, Limelight B, & Continental Room

4:50 – 5:15 **IHCA Foundation Raffle Drawings**
Limelight C **MUST BE PRESENT TO WIN!**

CONTINUING EDUCATION

Continuing Education Units

CEUs offered by the Idaho Health Care Association are approved by the Idaho Board(s) of Examiners of Nursing Home Administrators and Examiners of Residential Care Facility Administrators. It is up to each attendee to determine the appropriateness of a session, and whether it will meet the requirements of their license type.

Individuals are responsible for maintaining their own records of attendance at IHCA educational events. It is recommended that attendees maintain a copy of the event program as well as the CEU Record Form, to provide details of sessions offered at each event, in case of an audit by Occupational Licensing.

Instructions to Receive CEUs

CEUs are awarded based on verified attendance. Session attendance records will be audited by IHCA staff to determine the accuracy of submitted forms.

1. Pick up a CEU Record Form when you check in for the event.
2. Please print your name legibly. We want to make sure that CEUs are assigned appropriately and that certificates are correct.
3. Place a “checkmark” in the box that corresponds with each session you attend.
4. You **MUST** sign the CEU Record indicating attendance and attesting to its accuracy.
5. **You MUST turn in a signed copy of the CEU Record Form before you leave the event.**
6. Collection boxes for CEU forms are located at the event registration desk.
7. No CEU forms will be accepted after IHCA staff leave the venue, either electronically or via regular mail.
8. Based on audits and attendance records, IHCA staff will determine eligibility for CEUs.
9. CEU certificates are generally available within a week of the event.

IHCA FOUNDATION SCHOLARSHIP RAFFLE



**THANKS FOR YOUR CONTRIBUTIONS
TO THIS WORTHY CAUSE!**

PURCHASE YOUR TICKETS AT THE EXPO TODAY!

Each year, IHCAF awards scholarships to deserving students currently working in healthcare, who are continuing their formal education. These raffle-funded scholarships are a way to encourage determination, growth, acts of service and giving so that these talented individuals remain part of the future of healthcare.

IHCAF will award five scholarships, one in the name of each of the following individuals:

Delta Holloway, Dorothy Witmer, Sheri Rogers, Diana Cullin, and Sue Linja.

***Scholarship Application Deadline
May 31, 2023***

DOWNLOAD THE SCHOLARSHIP INFORMATION AND APPLICATION FORM HERE: https://www.idhca.org/wp-content/uploads/2023/03/IHCAF_ScholarshipApplication-2023.pdf

PROGRAM SCHEDULE

● Assisted Living ● Skilled Nursing ● Home Health, Home Care, Hospice ● General Audience

Thursday, April 27

4:00 – 7:00 PM

IHCA Board Meeting and Dinner (*Sage Room*)

Friday, April 28 (Morning)

7:30 – 9:00 AM

●●●● Check-in (*Limelight B Promenade*) and Exhibitor Showcase (*Limelight C*)

7:30 – 9:00

●●●● Networking Breakfast (*Limelight B*)

Sponsor: The Buckner Company

9:00 – 10:30

● MA-C: The Pros, Cons, Benefits and Best Practices

Brianna De Oro, Life Care Centers of America (Limelight B)

9:00 – 10:30

●● Are Most Wounds in ALFs Preventable: Tips for Avoiding Citations and Providing Adequate Care

Angela Hillesheim, All Care Health Solutions and Panelists (Continental Room)

9:00 – 10:30

●●●● The New Normal: A Leader's Guide to Winning in Today's Environment

Bryan McNeil, Cascadia (Limelight A)

10:45 – 12:15

● MA-C: Administering Medication as Delegated by a Licensed Nurse – The Basics of Delegation

Judy Bicknell Taylor, Idaho Office on Aging (Limelight B)

10:45 – 12:15

●● Are We Asking Too Much of AL Nurses? Team Approaches to Great Care

James Gray, Premier Wound Solutions and Panelists (Continental Room)

10:45 – 12:15

●●●● Driving Engagement with Compassion: Using EQ to Create a Culture of Trust, Belief, and Collaboration

Angus Brown, Incite GPO (Limelight A)

Friday, April 28 (Afternoon)

12:15 AM – 1:15 PM

●●●● Lunch with Vendors (*Limelight B*)

Sponsors: All Care Home Health, All Care Hospice, Edgewood, and Horizon Home Health & Hospice

1:30 – 3:00

● MA-C: Draft Policies and Procedures

Chukk Nielson, Cascadia (Limelight B)

1:30 – 3:00

●● Treating and Preventing Wounds in ALs: Coordinating with Home Health and Hospice

Lenny Jensen, Keystone Hospice & Panelists (Continental Room)

1:30 – 3:00

●●●● Innovations That Improve Quality of Care and Quality of Life with Less Staff

Eric Collett, A Mind For All Seasons (Limelight A)

3:15 – 4:45

● MA-C: Training Options

Cindy Gray and Danielle Gray, We Care Online (Limelight B)

3:15 – 4:45

●●●● The Truth About Kennedy Ulcers: Preventing Skin Breakdown at the End of Life

*Lindsay Hubsmith, Premiere Wound Solutions
Sue Hepworth, Horizon Home Health and Hospice
Melissa Gaffrey, Innovation Medical Group (Continental Room)*

AND

Wound Care Rule Changes: Wrap-up and Q&A

*Laura Stute and Tom Moss, IDHW
Angela Hillesheim, All Care Solutions*

3:15 – 4:45

●●●● Leading with "All Hands! On Deck!"

Scott Jeppson and Justin Stenquist, Bluebird Home Health and Hospice (Limelight A)

4:50 – 5:15

●●●● IHCA Foundation Raffle and Prize Drawings

*(Limelight C) **Must be present to win!***

SHOWCASE EXHIBITORS

**Purchase IHCA Foundation raffle tickets to support scholarships!
Visit with Exhibitors and complete an Exhibitor Card to win fun prizes!**

IHCA would like to thank these organizations for their participation and support.



SESSION DESCRIPTIONS

● Assisted Living ● Skilled Nursing ● Home Health, Home Care, Hospice ● General Audience

9:00 – 10:30

● **MA-C: The Pros, Cons, Benefits and Best Practices -- (Limelight B)**

Brianna De Oro, Life Care Centers of America

With the nursing shortage in full force and expected to intensify throughout 2023, innovative solutions are required. One such solution is the addition of a Medication Assistant–Certified (MA-C). This informative presentation provides an overview of what a MA-C is, the capacity in which they can function, and how both the MA-C and employer can benefit. We will discuss best practices and things to be mindful of when recruiting and hiring an MA-C. This session will help you understand:

- What is a Medication Assistant–Certified and what they can do
- Responsibilities of the overseeing licensed nurse
- How a Medication Assistant–Certified can help ease the burden of nurses during a nursing shortage
- Coursework requirements for the Medication Assistant – Certified

●● **Are Most Wounds in ALFs Preventable: Tips for Avoiding Citations and Providing Adequate Care --**

(Continental Room)

Angela Hillesheim and Vanessa Smith, All Care Health Solutions and Panelists

Presenters in this session will discuss why the Idaho Legislature eliminated the wound rules, and will also discuss what rules have not changed (and must be followed) if a facility chooses to retain or admit a resident with wounds. They will also share specific strategies to prevent “inadequate care” in assisted living facilities.

●●●● **The New Normal: A Leader’s Guide to Winning in Today’s Environment -- (Limelight A)**

Bryan McNeil, Cascadia

Join us to discover the strategies and insights you need to succeed in today's ever-changing landscape. From managing younger demographics to sales and marketing in the now, we'll provide practical guidance and actionable tips to help you stay ahead of the curve. Don't miss this valuable opportunity to learn from fellow industry leaders. Join us and discover how you can win in the new normal!

10:45 – 12:15

● **MA-C: Administering Medication as Delegated by a Licensed Nurse – The Basics of Delegation -- (Limelight B)**

Judy Bicknell Taylor, MSN, RN Idaho Office on Aging

There is more nursing to do than there are nurses to do it. Many nurses are stretched to the limit in the current chaotic healthcare environment. Increasing numbers needing healthcare combined with the increasing complexity of therapies create a tremendous demand for nursing care. More than ever, nurses need to find ways to work effectively with assistive personnel. The Board of Nursing statute reads, “A certified MA-C is permitted to administer medications as delegated by a licensed nurse.” What exactly does the board of nursing mean by “nurse delegation” and what is required to satisfy the regulations and expectations of the Board?

●● **Are We Asking Too Much of AL Nurses? Team Approaches to Great Care -- (Continental Room)**

James Gray, Chuck Bosen, Terri Pendleton, and Sheila Beesley-Smith

The Assisted Living Nurse is the key decision maker for all care delivered in an AL facility. The presenters will discuss specific strategies for helping to maintain realistic workloads for AL nurses, while allowing residents with wounds to continue to reside in their facilities. The panel will also address the realities of the role of AL nurses in rural areas, and some implications and/or burdens of increased wound management for residents in smaller facilities.

●●●● **Driving Engagement with Compassion: Using EQ to Create a Culture of Trust, Belief, and Collaboration --**

(Limelight A)

Angus Brown, Incite GPO

Residents, associates, and leaders can all benefit from a culture of compassion. Learn how to use emotional intelligence (EQ) as a driving force behind company culture and engagement, along with actionable steps to increase your own EQ.

1:30 – 3:00

● **MA-C: Draft Policies and Procedures -- (Limelight B)**

Chukk Nielson, Cascadia

Idaho Health Care Association introduced legislation this session to allow facilities and others to offer MA-C training. Skilled nursing facilities can offer this training to their best CNAs, which will also provide a career ladder for them. MA-Cs only administer routine medications. This allows licensed nurses to use their knowledge and skills to address the many other challenges that require their critical thinking abilities.

●●● **Treating and Preventing Wounds in ALs: Coordinating with Home Health and Hospice -- (Continental Room)**

Lenny Jensen, Keystone Hospice and Panelists: Ashley Pentzer, Lisa Perrenoud, Brooke Torres, and Derek Westover

This interactive presentation will discuss the management of wound care in adults, with a focus on pressure ulcer prevention and wound management. As the recent removal of the “wound rules” does NOT remove our responsibility to prevent and treat wounds appropriately, the panel will provide practical guidelines for collaboration between Assisted Living facilities and outside agencies such as Hospice, Home Health, and wound teams.

●●●● **Innovations That Improve Quality of Care and Quality of Life with Less Staff-- (Limelight A)**

Eric Collett, A Mind For All Seasons

Many healthcare professionals feel crushed under the weight of staffing challenges, yet they do not focus on the single biggest driver of staffing requirements: Resident Acuity. They remain unaware that innovative new strategies sometimes make it possible to improve quality of care and quality of life, with less staff time. This exciting presentation will review new techniques that often improve ambulation, reduce fall risk, diminish mental health symptoms, and improve cognition.

3:15 – 4:45

● **MA-C: Training Options -- (Limelight B)**

Cindy Gray and Danielle Gray, We Care Online

This presentation will include an introduction to We Care Online, the Medication Assistant-Certified role, how to register a student in the course, working with the online instructor, and content included in the online MA-C course.

●●●● **The Truth About Kennedy Ulcers: Preventing Skin Breakdown at the End of Life -- (Continental Room)**

Lindsay Hubsmith, Premiere Wound Solutions - Sue Hepworth, Horizon - Melissa Gaffrey, Innovation Medical Group

This presentation will discuss Kennedy Ulcers and unavoidable skin breakdowns at the end of life. This will include a discussion on organ function/dysfunction at the end of life and how the skin, the largest organ of the body, can become dysfunctional with varying degrees of resultant compromise.

Wound Care Rule Changes: Wrap-up and Q&A

Laura Stute and Tom Moss, ID Dept of Health and Welfare and Angela Hillesheim, All Care Solutions

●●●● **Leading with “All Hands! On Deck!” -- (Limelight A)**

Scott Jeppson and Justin Stenquist, Bluebird Home Health and Hospice

How interconnected are the members of your team? Will they stand together when the time arrives? Even though you may know each team member well, you may be surprised at who will choose to heed the “All Hands! On Deck!” call. In this session, we will help leaders assess their team’s readiness to stand and act together despite the high sea’s waves of the rumor mill, internal mutiny, or despite employees who are actively trying to sink the boat. NOTE: We will not cover piracy in this session.

ABOUT THE PRESENTERS

Angela Hillesheim, RN, has been a nurse for 32 years. She is the President and CEO of All Care Health Solutions, President of CaringEdge Health Care, as well as the Chairman of the Board of Governors for both entities. Collectively, the businesses encompass over thirty-four skilled agencies, sixty-nine Assisted Living facilities in seven states, fifteen Assisted Living communities here in Idaho, as well as the largest Personal Care company and one of the largest Home Health and Hospice providers in the Treasure Valley. The total number of seniors served daily by her organizations are 5033. She has worked in various positions within the health care industry including Executive Director of an Assisted Living facility, Regional Operations Specialist, Divisional Director of Clinical Operations, teacher, mentor, and consultant. She also works with attorneys providing legal nurse consulting. Angela has a long history of geriatric nursing and a love of working with residents with dementia. She is a life-long teacher, with a passion for geriatric health and wellness.

Angus Brown, Senior VP of Business Strategy – Incite Strategic Partners, is a highly accomplished business leader with over 29 years of experience in sales and leadership. His focus has been on guiding and inspiring teams to achieve their full potential. After entering the seniors housing industry in 2007, he found his true calling and has remained committed to it ever since. Angus holds an undergraduate degree in Business Management and a master's degree in Organizational Leadership, which provide him with a deep understanding of managing and motivating teams in complex business environments. Angus is an avid traveler, enjoys golf, tennis, and running, and is also a music enthusiast who loves attending concerts, festivals and occasionally performing with friends. Angus and his wife, Kristina, live in the Pacific Northwest near their two adult children and extended family. Overall, he is a dedicated and passionate leader who brings a wealth of experience and broad range of interests to both his personal and professional life.

Ashley Pentzer, CMO and Director of Business Development – Horizon Home Health & Hospice, Ashley joined the Horizon team in 2015 and lives in Meridian, Idaho with her 2 children and 2 dogs. Ashley's first job in healthcare was as a volunteer at a busy inner-city hospital in Kansas City, KS. Her work included working in the ER, Rehab Unit, NICU, and her favorite, the Hospice Wing. She struck up a friendship with an elderly man who said something that resonated with her. He explained that the hardest part of getting older was not feeling your body failing, but rather the feeling of not being needed or able to contribute in a meaningful way. When Ashley started her career in Home Health & Hospice ten years ago, she made a personal promise to bring joy and uplift the lives of those she serves. In her previous life, Ashley co-owned an event planning business and helped with hundreds of weddings in Montana, Idaho, Nevada, and Northern California. She enjoys time with her kids, traveling, DIY projects, online shopping, and drinking copious amounts of Starbucks Coffee.

Brianna de Oro, MSN, RN, is a Regional Director of Clinical Services for Life Care Centers of America, overseeing the clinical products in five Skilled Nursing Facilities in Northern Idaho and Eastern Washington. Within her role she educates current and new clinical leadership, completes audits of clinical systems, assists with process improvement, has extensive knowledge of risk management, and assists with managing survey. Brianna is a leader who focuses on building cohesive teams within her region and provides resources and feedback to clinical leaders to assist with promotion of high quality of care and resident quality of life. When not working, you can find Brianna spending time outdoors with her husband and 5 children.

Brooke Torres has been a nurse for 23 years. Her first 15 years were spent in the ICU, with specializations in open heart cardiac recovery and critical care float. She then went to work as Director of Nursing for an assisted living facility for two years. While she was there, she took that ALF through a perfect Idaho state survey. They had zero tags and zero deficiencies! This introduced her to the world of Home Health and Hospice, and following her directorship in the ALF, she took a position as the DCS for Horizon Home Health and Hospice. In her free time, Brooke loves reading, traveling, and pretty much everything outdoors. She especially loves spending time with her husband and three teenage daughters.

Bryan McNeil, M.B.A., LNHA, has been involved in the healthcare industry for over ten years. Most of this time has been spent operating skilled nursing facilities. During his experience, he has been recognized for crushing "industry-average" employee turnover rates, building teams that deliver results, and creating employee experiences that are still talked about today. Recently, Bryan has leveraged his creativity to help manage his company's social media campaigns. He finds joy in mentoring and coaching new healthcare leaders as they face the many challenges of operating in long-term care.

Chuck Bosen, RN, has been an RN for nearly 30 years, with the majority of his experience in long term and senior care. He has filled the roles of Staff RN, Director of Nursing, Director of Operations and Nurse Consultant during this time. Chuck joined Edgewood Management Group, LLC in April of 2013, working with assisted living communities in Idaho and Montana. He has a passion for elevating the quality of clinical services in assisted living while maintaining the appropriate level of care for seniors. Chuck currently serves as the Vice President of Operations for Edgewood Healthcare in Idaho.

Chukk Nielson is an Idaho native. He was born and raised in Idaho Falls, Idaho where he attended Idaho Falls High School. He started his nursing career as an LPN before attending Idaho State University and then transferring to Boise State University. Graduating Cum Laude, Chukk received his Bachelor of Nursing Science from BSU and accepted a Director of Nursing Services position in the Boise area. He eventually became a Chief Nursing and Compliance Officer and moved to Portland, Oregon where he filled that role for 5 ½ years. After his tenure as Chief Nursing Officer, Chukk took a Director of Nursing position for Life Care Centers of America, and was soon promoted to NW Division Director of Clinical Services, where he oversaw clinical operations for 28 facilities in Idaho, Oregon, Utah, and Oregon. Currently, Chukk is the Director of Clinical Services for Columbia Healthcare of Cascadia, and is honored to operate in the Northwest.

Cindy Gray, CEO—We Care Online, After many years of business management and entrepreneurship, Cindy landed with her mother at We Care Online in 2007. Since that time, Cindy has experienced just about every position in the company. In 2017, she was named CEO. In her spare time, she spends time with her husband and three dogs. Her special interests include reading and finding new beaches to experience.

Danielle Gray, Operations Manager—We Care Online, has been with We Care Online since 2019. Her experience in business processes and administration made her a perfect fit as Operations Manager. Danielle has a very active social life and loves spending time with her friends and family. She also enjoys spending time reading and gardening.

Derek Westover considers himself a senior living enthusiast. He has been working in senior care since 2015, when he started as a caregiver. Dementia care is a big passion for him, and he enjoys learning more every day about how to improve the lives of those living with dementia. Derek is the Administrator for The Gables Assisted Living and Memory Care of Caldwell, and he feels blessed to work for such a great company, whose culture aligns with his values. Outside of work, Derek keeps himself occupied with training border collies to herd livestock, and has recently started a targeted grazing business, using goats to control noxious weeds and brush and mitigate fires. Derek spends his free time daydreaming about ideas to build the perfect facility model in order to better serve seniors with dementia.

Eric Collett is the Principal and CEO of A Mind For All Seasons, LLC., an innovative company specializing in helping people of all ages optimize their cognitive functioning and improve symptoms of post-concussive disorders, dementia, brain fog, anxiety, depression, ADD, and other brain-related conditions. He is a nationally recognized speaker, consultant, and dementia expert, a licensed residential care administrator, and a teacher at Boise State University and the College of Western Idaho. Eric believes that lifelong learning is a key to finding powerful solutions to significant challenges, and has been working to change lives through innovative dementia care techniques, brain health interventions, program development, and leadership strategies since 2000.

James Grey is the Director of MSO Operations for Premier Wound Solutions. Premier Health Care Solutions provides Laboratory, Imaging, Pharmacy, Wound Care, and Vascular Access Services across the Western United States. James earned his B.S. in Healthcare Administrator & Policy from Oregon State University in Corvallis, Oregon. Go Beavers! James has been serving Long Term Care operators for seven years with Lab, Imaging and Wound Care services across the Pacific Northwest. With a decade of experience in LTC as an Administrator and later a Sales and Marketing Director, James thrives in partnering with LTC operators and communities to help them operate at the highest level of efficiency and cost management. In his free time, James enjoys traveling to the Oregon Coast to visit family, running around with his dog Tucker, or camping with Cassandra, his wife of 4 years.

Judy Bicknell Taylor, MSN, RN, began her healthcare career as a licensed EMT in 1980. She graduated from LA County USC Medical Center School of Nursing, and obtained her RN license in 1985. She earned her BSN and MSN from Cal State University. Her career history includes work as a family Clinical Nurse Specialist, a professor in a BSN education program, and 13 years in Executive Nursing Management at various hospitals. In 2013, she started her current position in public policy with the Board of Nursing, and was appointed as Director of the Idaho Commission on Aging in 2017. Judy comes to work every day with the goal of changing the world.

Justin Stenquist, CEO of Bluebird Health, has over 25 years of experience in Home Health, Hospice, and Home Care. He started as a caregiver and worked his way to CEO. His vast experience in nearly every aspect of building culture adds to his passion for creating an environment where excellent care is a product of championing the very best employees.

Laura Stute is the Administrator for the Division of Licensing and Certification. Prior to joining DHW in 2022, she spent 18 years working in healthcare. She has served in both clinical and leadership roles, focused on regulatory compliance, patient safety, and improving clinical outcomes. Laura spent the majority of her healthcare career working in the inpatient rehabilitation setting, where she focused on program development for disease-specific accreditations from the Joint Commission and the Commission on Accreditation of Rehabilitation Facilities (CARF). She has a master's degree in speech-language pathology from Plattsburgh State University.

Leonard Jensen, MSN, FNP-C, Lenny Jensen is a highly qualified Family Nurse Practitioner with a broad range of healthcare experience. Throughout his career, he served as a Captain in the Army Nurse Corps, and worked in various health care organizations across the country, both in the public sector and private practice. His expertise spans across several practice settings, including acute care, intensive care, medical and oncology, acute inpatient wound care, combat support, geriatrics, community health, mental health, and most notably, palliative care and hospice.

Lindsay Hubsmith is the Director of Wound Management for Premier Wound Solutions. She received her Bachelor of Science in Physician Assistant studies from Midwestern University in 2002, and has worked extensively in the areas of cardiac and vascular disease, critical care, family medicine, and wound care. She started and scaled a successful wound program in Idaho in 2020, and joined the team at Premier in November of 2022 to continue her success. Lindsay is passionate about patient care and has served as a dedicated provider for over 20 years. In her time away from serving the community, Lindsay enjoys the outdoors by fly fishing and skiing with her husband and 2 boys in Idaho.

Lisa Perrenoud, RN, is a Regional Nursing Director for Edgewood Healthcare, supervising clinical functions in 11 Assisted Living communities throughout the state of Idaho. She has extensive experience in the nursing field including Assisted Living Clinical Director, Skilled Nursing/Rehab Director of Nursing, Emergency Room Director, ICU Supervisor, Home Health Supervisor, and Clinical Informatics Director. Lisa is a leader and a mentor who focuses on building teams and providing resources to clinical leaders to improve quality of life for the clients they serve. She has been highly involved in increasing the Home Health, Hospice, In-Home Provider, and other medical services in the Edgewood Assisted Living Communities. She is passionate about providing exceptional care and resources to the geriatric population she serves.

Melissa Gaffrey MSN, APRN, NP-C, CWOCN, has been in healthcare for approximately 20 years, working in a variety of areas in Nursing: post-surgical, telemetry/step-down, ICU, and wound care (both outpatient and inpatient). She found her true calling while working in a wound clinic, and wound care is what she loves! In 2013, Melissa completed the WOC Nursing Education Program at Emory University, and later obtained a CWOCN certification. She was employed for many years as an inpatient CWOCN, providing wound and ostomy care to patients. In recent years, she has been employed as an NP Certified Wound Specialist, providing care to patients both in care facilities and in-home. Melissa enjoys the satisfaction of seeing patients heal from debilitating wounds and the positive impact this has on them. In her spare time, she enjoys running, gardening, thrifting a good antique, and spending time with her cats and two sons.

Scott Jeppson, LNHA and Director of Operations for Bluebird Health, has 13 years in the senior care industry in Assisted Living, Home Health, Hospice, Home Care, and Skilled Nursing. Scott is a former Covey Leadership Center Performance Consultant, and his passion has always been in culture and people. He loves to help company leadership lead people, not just manage numbers.

Sheila Beesley-Smith, BSN, RN, Sheila chose nursing as a career because of her personal mission to make a difference in the lives of patients. After the loss of her son to SIDS, she left her career in the non-profit poverty industry to become a nurse, and has worked in this field for more than 28 years, with 21 of those years spent specializing in Senior Living and Quality Assurance in the Assisted Living setting. She also spent over 19 years as a Regional Nurse Consultant specializing in regulatory compliance in Washington, Idaho, Montana and Oregon. Currently, Sheila is a mandated State Consultant for both Oregon and Idaho approved through Health and Welfare. She recently graduated Suma Cum Laude from University of Phoenix with her bachelor's degree in nursing. In 2021, along with her daughter Danielle, she founded her own Assisted Living RN Consultant company. She lives in Nampa, Idaho and is an avid runner and has completed nine marathons including the Boston Marathon. She loves gardening and spending time with her family and three pets.

Susan Hepworth has lived in Idaho all of her life! She has been a nurse for 22 years and spent 18 years of this time in hospice care and management. Sue currently serves as the Director of Nursing for Horizon Home Health and Hospice, where she has worked for the past 8 years. Prior to this, she was Director of Nursing for Legacy Hospice for 7 years and the Executive Director for 3 years. She currently lives in Boise, Idaho and has been there since 2001.

Terri Pendleton , MS RN, is an Administrator and the owner of DeSano Place, Inc., licensed assisted living/memory care homes of Magic Valley. She has a rich nursing history in long-term care, dialysis, and public health before entering into business 23 years ago. Her greatest accomplishment in life is having raised three incredibly intelligent and capable daughters who know how to hold their own in this world. Terri prides herself on being a life-long learner . . . and rabble rouser! She is SO looking forward to at least semi-retirement after almost seven decades on this planet!

Tom Moss is the Program Supervisor for the Residential Assisted Living Facilities program with Licensing and Certification. Prior to joining DHW in 2016, Tom spend 22 years working in healthcare. He is a Licensed Social Worker and spent many years working as an Administrator, Behavior Specialist, and a Qualified Intellectual Disabilities Professional in Intermediate Care, Residential Habilitation, and Developmental Disabilities programs. Since joining DHW, Tom has been to almost every Assisted Living Facility throughout the state and conducted over 350 surveys.

Vanessa Smith is an RN-BSN with 13 years of experience in the medical field. She has worked as an RN Case Manager for home health and hospice for the past 4 years and is currently the ADON of All Care Health Solution's hospice team.

IHCA PLATINUM MEMBERS



Thank you SO MUCH for coming to Spring Workshop!
As “superheroes” in the field, you are effecting change on many fronts.

Please complete and sign your CEU form and return it to the registration desk.

JOIN US FOR THIS UPCOMING EVENT!

57th Annual IHCA Convention and Expo
July 11-13th at the Boise Centre in Boise, Idaho

<https://www.idhca.org/events/57th-annual-ihca-convention-tradeshow-2/>