

## IHCA Assisted Living Administrator & Nurse Training WEBINAR October 25 - 26, 2022

Tuesday, October 25, 2022 Total Hours 3.5	
1:00 pm – 2:30 pm MT (1.5)	<p><b>How to Prepare Your Staff for Survey   Lea Stoltz, Health Care Consultant</b></p> <p><i>This presentation will include an overview of the survey process, including observation and interview components. Participants will use actual survey questions on abuse prohibition, infection control and safety in an interactive session. Preparation and stress relieving exercises will also be presented. Participants will leave the session with knowledge of the day-by-day survey process, their role in providing information to the survey team, and techniques to de-stress during the survey.</i></p>
2:45 pm- 3:45 pm (1.0)	<p><b>Infection Prevention: Lessons Learned and a Bridge to a Better Future   Tina Loch, Infection Prevention Specialist—Idaho Division of Public Health</b></p> <p><i>Discussion of infection prevention and control knowledge gained and how it impacts our future practices. How to apply knowledge gained through COVID to other infectious pathogens. Understanding the resources, tools, and supports available developed to support IPC practices specifically for ALFs. Understanding the resources, tools, and supports for educating staff on IPC practices.</i></p>
4:00 pm- 5:00 pm (1.0)	<p><b>How to Deal with Problem Employees and Tips for Termination Carsten Petersen, Attorney—Hawley Troxel</b></p> <p><i>In every group, there seems to be at least one person who saps morale, slows productivity, and stirs up anger in other team members because of his or her bad attitude, refusal to play by the rules, or disturbing behavior. Some real-life examples and HR tips on what to do about difficult employees and dealing with problem people. This presentation will provide an understanding of applicable laws regarding employee discipline and termination, tips when terminating an employee, and avoiding wrongful termination claims.</i></p>
Wednesday, October 26, 2022 Total Hours 3.5	
1:00 pm – 2:00 pm MT (1.0)	<p><b>Keeping the Staff we Have: Building Culture to Improve Employee Retention Kelee Hansen, Registered Dietician and Owner—S&amp;S Nutrition Network, Inc</b></p> <p><i>When you focus on finding the right fit between an employee’s strengths and the job he/she is asked to perform, success is almost guaranteed to follow. Tips on developing plans to help them reach their goals, providing useful feedback, and celebrating achievement to create a win-win situation for both employee and organization.</i></p>
2:15 pm- 3:45 pm (1.50)	<p><b>Perception of Resident Abuse: The Resident/Family Perception is Their Reality Oni Kinberg, Director of Social Services—Idaho State Veterans Home</b></p> <p><i>Preventing resident abuse is important. Preventing the perception of abuse is also important. The presenter will help describe how to prevent abuse through company culture, and how to prevent the perception of abuse.</i></p>
3:45 pm- 4:45 pm (1.0)	<p><b>How On Earth Am I Going to Get Through All This...? Lianna Erickson-Trembath, Idaho Counseling Assoc President—North Country Wellness</b></p> <p><i>A healthy lifestyle is essential to coping with stress and achieving work life balance. Identifying personal stress symptoms and behaviors will assist you in becoming personally and professionally aware of your overall wellbeing. This presentation will help you create your own personal self-care plan to examine your life and start making you the main priority.</i></p> <ul style="list-style-type: none"> <li>• <i>Become aware of symptoms of stress and how they affect the immune system.</i></li> <li>• <i>Identify techniques to manage and minimize the impact of stress at work and home.</i></li> <li>• <i>Create a personal self-care plan to achieve work life balance.</i></li> </ul>