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Welcome to the IHCA Winter Workshop & Legislative Lunch

Tuesday, February 15, 2022

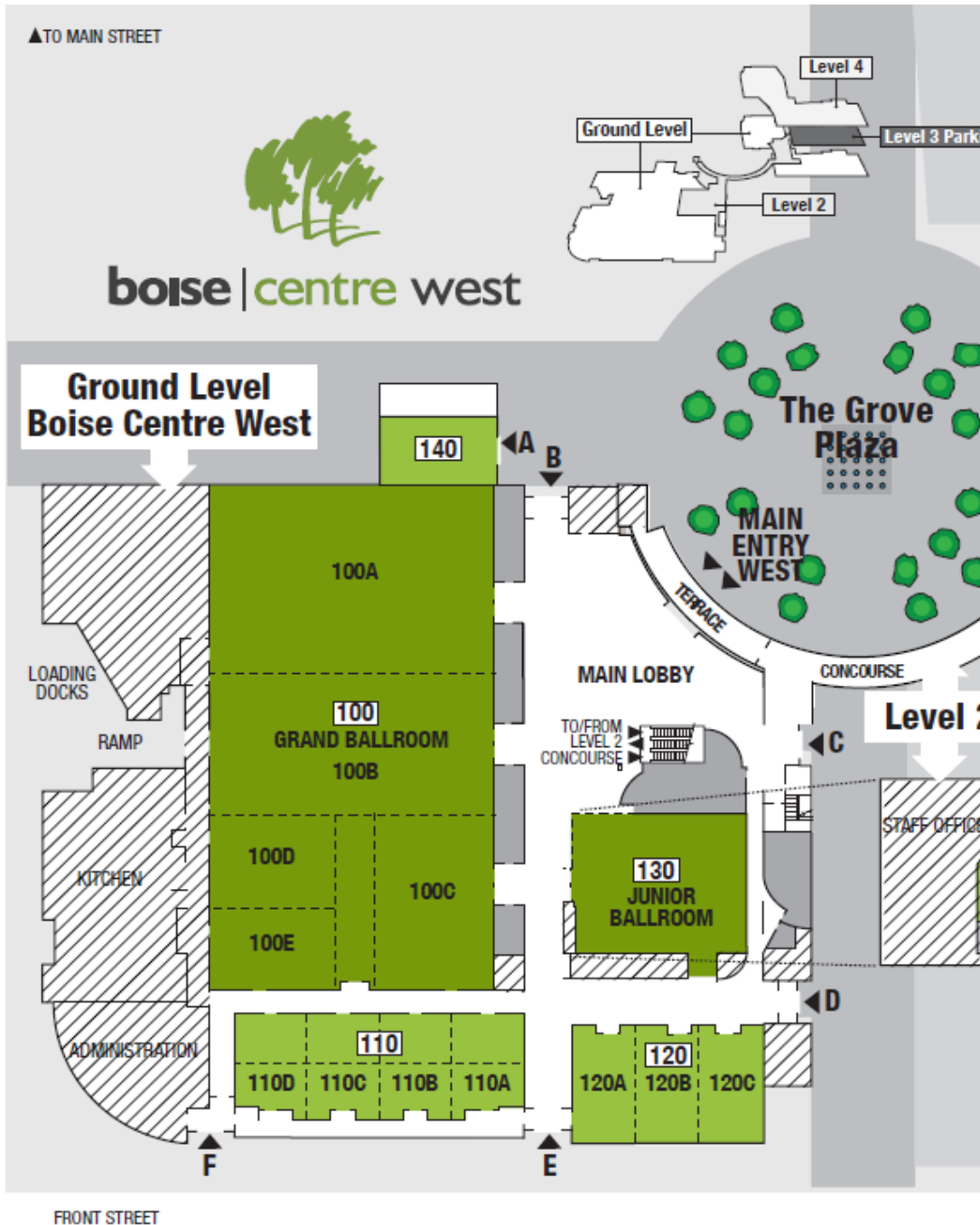
Boise Centre West

“Embracing the Promise of Tomorrow”



Platinum Partners:





Thank You!

Edgewood Plantation Place & Andrew
for providing Legislators with shuttle
services!



CORONAVIRUS PREVENTION



Protocols include:

- **Masks are required to be worn at all times.**
- Prior to entering, everyone will be screened for temperatures utilizing thermal cameras. Anyone displaying a temperature at or above 100.3 F will be taken to a private area for a secondary screening. Persons confirmed to have a temperature at or above 100.3 F will not be permitted to enter. **THANK YOU TO ACCUSHIELD for conducting the screenings!**



- Alcohol-based hand sanitizer dispensers, touchless whenever possible and sanitation stations are placed throughout the venue.
- Cleaning protocols and frequency with an emphasis on highly visited areas such as restrooms, event spaces, elevators, and escalators.

7:30 AM Registration & Foundation Fundraising in Main Lobby		Sessions I attended <input checked="" type="checkbox"/>
Exhibits Open in Room 100 A		
Check-In & On-site Registration Begins in Main Lobby		
EXHIBITS OPEN in Room 100 A		
8:30 AM-10:00 AM (1.5 CEUs)		
<p>After the Storm: Healing a Traumatized Industry Barbara Speedling, Innovations for Quality Living</p> <p>Long-term care leaders are traumatized, fatigued, disillusioned and, in some cases, hopeless to recover from the COVID-19 Pandemic. With many seasoned leaders opting out of the next chapter of long-term care, valuable experiential knowledge and support is out of reach for a new generation of leaders. As we move forward in a post-pandemic world, appealing to new populations of staff and restoring consumer confidence will require a rethinking of what is person-centered, homelike, and rich in the potential for growth and recovery. Let the next generation of long-term care consumers tell you what they want and need. This multi-media program will inspire a renewed energy and willingness to move ahead in those contemplating jumping ship. Moreover, this conversation will motivate a new leadership perspective, moving all leaders to be creative and tenacious in meeting the challenges of the emerging culture of long-term care.</p> <ol style="list-style-type: none"> 1. Describe the impact of the COVID-19 Pandemic on the culture of long-term care relative to behavioral health, quality care, and quality of life 2. Explain the path long-term leaders need to take to achieve an environment of healing and recovery for those giving and receiving care 3. Achieve and sustain an environment of care that fosters a satisfying, holistic, person-centered approach to healing and recovery. 	<p>EVERYONE</p> <p>Room 100 A</p>	<input type="checkbox"/>

<p>2. Develop a well-trained, culturally competent staff prepared to meet the behavioral health needs of a diverse and ever-changing population</p> <p>3. Implement effective interventions to anticipate and minimize the potential for aggression and altercations.</p>		
<p>Strategic Planning for Home Care Kim Ouwehand, Director for Strategic Partnerships, Terrace Home Health Boise, LLC</p> <p>Healthcare is like an egg: The patient is the center and most vital part. However, without the other sections, it cannot survive. The future is finding a solution that protects the patient by making costs transparent, easier for providers to manage patient-centered care, simpler to administer, and easier to use a method that is not compensated by a traditional Fee-For-Service.</p> <p>Learning objectives:</p> <ol style="list-style-type: none"> 1. Right care, at the right time, at the right place 2. Importance of Collaboration & Communication Interactive exercise 3. Value-Based vs. Patient-Centered 	<p>HH/H/HC Room 110</p>	<p>Cancelled</p>
<p>Fire Smoke Damper Testing and Fire Life Safety System for Your Facility John Herboth, Sr. Commissioning Authority, NorthWest Engineering Service, Inc. (NWESI) & Jeff Dorr, Life Safety Inspections Manager, Performance Systems Integration (PSI)</p> <p>An important component to maintaining fire life safety (FLS) systems are fire smoke dampers (FSDs), Smoke Dampers, (SDs), and fire dampers (FDs) which are located at duct penetrations through fire rated walls, ceilings, and floors.</p> <p>At critical healthcare facilities, testing these components is routinely enforced. Now AHJs are broadening enforcement to all types of assisted living and care facilities with directions to identify, test, and document the functional operation of these devices.</p> <ul style="list-style-type: none"> • Discuss changes in enforcement for different types of healthcare facilities • Review typical fire life safety agreement services and periodic requirements. Identify what maybe missing from your maintenance agreements • Discuss why damper and fire alarm relay devices need to be regularly tested using project examples • Identify best practices in setup, ongoing maintenance testing, access, and record documentation. 	<p>MAINTENANCE Room 120</p>	<p><input type="checkbox"/></p>

5 Generations in the Workplace...so what! Building the Intergenerational Team | Jeremy Graves, PhD

Suggest attending in Room 100B

**NUTRITION
&
ACTIVITIES**



Legislative Luncheon

11:45 PM – 1:00 PM

Room 100 A

**Do not miss this chance for relationship-building with your local legislators.
They need to hear about issues that are important to YOU, from YOU!**


Thank you to our Sponsors!



1:15 PM - 2:45 PM (1.5 CEUs)		Sessions I attended <input checked="" type="checkbox"/>
Strategies and Suggestions for Successful Legislative Visits & Contacting Your Legislator - Includes Tour of State Capitol & Legislator Visits Tammy Perkins & Robert Vande Merwe	Room 100 A	<input type="checkbox"/>
<p>3 Keys to Retaining a Vibrant and Engaged Workforce Eric Collett, Principle, A Mind For All Seasons</p> <p>For most healthcare leaders, recruiting and retaining an outstanding workforce is the biggest challenge they currently face. With massive shifts in employee expectations, competition for talent, and the continually unpredictable nature of an industry highly affected by the Covid-19 pandemic, healthcare leaders are struggling with burnout and frustration. This timely and impactful presentation will provide attendees with three key insights for navigating the current challenges. Objectives</p> <p>Participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe the critical attributes of a highly effective 21-century leader. 2. List 3 to 4 factors that improve measures of workforce engagement. 3. Explain 3 steps they can begin taking today to create an environment that attracts and retains top talent. 	<p>LEADERSHIP</p> <p>Room 100 B</p>	<input type="checkbox"/>
<p>Assessment & Care Planning in Behavioral Health Barbara Speedling, Innovations for Quality Living</p> <p>The Federal regulations for Trauma-Informed Care and Behavioral Health Services challenge long-term care facilities to ensure that they are fully prepared to care for residents with complex clinical and psychosocial needs. Beyond differentiating between dementia and psychiatric illness or addictions, the facility staff must have a working knowledge of the interventions and services necessary to achieve compliance and quality in behavioral health. This session offers an overview of the regulatory expectations and insight into assessment and care planning to address a broad range of behavioral health needs.</p> <ol style="list-style-type: none"> 1. Describe the regulatory expectations for person-centered assessment and care planning; 2. Develop improved non-pharmacologic interventions in addressing behavioral health needs; 3. Describe the impact of the COVID-19 Pandemic relative to quarantine and social distancing on resident psychosocial well-being, mood, and behavior; and 4. Develop improved methods for the assessment and person-centered care planning for residents with complicated behavioral health needs. 	<p>CLINICAL</p> <p>Room 130</p>	<input type="checkbox"/>

<p>Survey and the Vaccine Mandate Carsten Peterson, Partner, Hawley Troxell & Kirsten Gazley, RN, Quality Improvement Director, Idaho Veteran Services</p> <p>Carsten will discuss the vaccine mandate. Kirsten will cover the “boots on the ground” implementation.</p> <ul style="list-style-type: none"> To engage attendees and provide a thought-provoking presentation about future expectations of staff members who have claimed a COVID-19 vaccine exemption. To provide a mini workshop where attendees will be encouraged to contribute their ideas and discuss what their facilities are working on to maintain compliance with these staff members. To provide attendees with information and ideas they can take back and implement in their facility. 	<p>HH/H/HC</p> <p>Room 110</p>	<input type="checkbox"/>
<p>Life Safety – Ongoing Compliance Nate Elkins, Supervisor, AHJ, Fire Life Safety/EP Program, Division of Licensing & Certification & Sam Burbank, and Linda Chaney, Health Facility Surveyors, Fire Life Safety/EP Program</p> <ol style="list-style-type: none"> Medical gases Storage and staff Qualifications Generator Requirements Top Deficiencies Updated Requirements for Emergency Preparedness 	<p>MAINTENANCE</p> <p>Room 120</p>	<input type="checkbox"/>
<p>Infection Prevention & Food Safety Leslie Bell, RDN, LD, S & S Nutrition Network & Tina Loch, RN, Health Associated Infections Program</p> <p>Discussion to include refresher on regulation F812 and review of QAPI plans specific to food safety and infection control in the kitchen. Drill on infection control from state infection control expert. Learning Objectives:</p> <ol style="list-style-type: none"> List two areas in the kitchen which, if not managed well, will result in an infection control citation. Participants will be able identify infection control concerns and provide a plan of correction which includes problem identified, interventions to resolve the problem, and how to monitor the problem. Participants will be able to identify tools and resources to rejuvenate PPE compliance. 	<p>NUTRITION & ACTIVITIES</p> <p>Room 100C</p>	<input type="checkbox"/>
<p>3:00 PM-4:30 PM (1.5 CEUs)</p>		<p>Sessions I attended</p> <input checked="" type="checkbox"/>
<p>SNF Roundtable Laura Thompson, RN, Bureau Chief, Facility Standards</p> <ol style="list-style-type: none"> Preparing for recertification surveys post-pandemic Current Trends in survey LTC Portal Reporting 	<p>LEADERSHIP</p> <p>Room 100 B</p>	<input type="checkbox"/>

<p>Skin and Wound Care 2022, Updates to Current Best Practices for the Treatment and Prevention of Chronic Wounds Ryan Dirks, PA, CWS CEO & CMO, & James Gray, United Wound Healing</p> <p>Identify common etiologies of chronic wound conditions in long term care residents.</p> <p>Understand current updates in pathophysiology increasing wound chronicity.</p> <p>How to provide evidence-based treatments for chronic wounds that result in the best outcomes at the lowest cost.</p>	<p>CLINICAL Room 130</p>	<p><input type="checkbox"/></p>
<p>End-of-Life Doulas: Integrating a New Element into End-of-Life Care LeAne Austin, RN, EOLD,</p> <p>Hospice and Palliative Care have evolved in the last Century, they still embrace end-of-life care philosophies and community-assisted concepts from ancient times for the care of persons and their families. And this is true for the End-of-Life Doula, an emerging entity which is coming of age in our Country. End of life Doula presence in end-of-life care is gaining momentum, with Doulas being first recognized as providers of care only for birthing women, they have stretched to reach the other end of the life spectrum. For persons diagnosed with life-limiting illness, such as Parkinson’s, end-stage heart or kidney disease, COPD or late-stage dementia, End-of-Life Doulas, traditionally independent providers of care, are now reaching out to become a more collaborative entity with Hospice, Palliative Care and Care Communities to meet the needs of persons with severe and life limiting illness. While there are areas where Hospice, Palliative Care and End-of-Life Doulas intersect, each has its own strengths and unique roles and, working together, they complement and support one another to enhance quality of life, providing overlapping support, reinforcement of education and enhanced time at the bedside – a valuable and often limited resource. The key elements of EOLD Practice align with those of Hospice and Palliative Care making collaboration with these end-of-life care providers a positive and exciting progression.</p> <ol style="list-style-type: none"> 1. Review the evolution of end-of-life care in America. 2. Discuss the commonalities and differences between Hospice, Palliative Care and End-of-Life Doula Care Practice Models and how they are applied. 3. Create/generate ideas for promoting integration of EOLD services in existing end of life care practice systems. 	<p>HH/H/HC Room 110</p>	<p><input type="checkbox"/></p>

Fire Life Safety Ongoing Compliance – continued Nate Elkins & Staff	MAINTENANCE Room 120	<input type="checkbox"/>
Is Your Kitchen Prepared for a Disaster? Ellen Turk, RDN, LD & Wendy Rice, MS, RD, LD 1. Participants will understand current CMS emergency preparedness standards and guidelines. 2. Participants will be able to state at least 3 requirements for emergency food supply storage. 3. Participants will be able identify 3 staffing considerations for emergency planning.	NUTRITION Room 100DE	<input type="checkbox"/>
Activities Swap Facilitator: April Floyd, Activity Director Idaho State Veterans Home This session is an opportunity for each Activities professional to bring the description of an activity, swap with those in attendance and leave with new ideas to implement.	ACTIVITIES Room 100C	<input type="checkbox"/>
<p style="text-align: center;">4:30 PM</p> <p style="text-align: center;">Foundation Basket Raffle & Exhibitor Card drawing</p> <p style="text-align: center;">MUST be present to win!</p> <p>Thank you to those that donated baskets for the Foundation raffle:</p> <p style="text-align: center;">A Mind For All Seasons – Eric Collett Cascadia Healthcare - Envision Region Life Care Centers Brett Waters</p> <div style="text-align: center;">  </div>	Main Lobby	<input type="checkbox"/>

Have your "Exhibit Card" signed by all our exhibitors!
We will be drawing for prizes at the end of the day (4:30 PM) in the Lobby.
Thank You! Winter Workshop Exhibitors:

Our PLATINUM Partners:

Molina Healthcare
The Buckner Co

Our GOLD Partners:

American Health Plans
Blue Cross of Idaho
Shamrock Foods
Unitek Learning/Eagle Gate College

Our Associate Members:

CirrusDX
Northwest Engineering Service

Non-members:

Accushield



**Don't forget to buy your IHCA Foundation Raffle Tickets! –
\$5 for 1 ticket ~ \$20 for 5 tickets**



Please join us in recognizing your

IHCA Convention/Education Committee

Thank you for contributing your time and talents to the planning of IHCA continuing education events!

Eric Collett, Committee Chair - A Mind For All Seasons

David Southwick, St Luke's Elks

Diana Cullin, Prime Time Swingers

Jamie Anthony, Developmental Options

Joyce Foster, Edgewood – American Falls

Kristen Tracy, Blue Cross Idaho

Lea Stoltz, Five Star Consulting

Leslie Bell, RDN, S & S Nutrition Network

Mary Mlot, Molina Healthcare



Continuing Education Hours:

CEUs are awarded based on verified attendance. Sessions will be audited by IHCA staff/volunteers to determine accuracy of CEU records submitted.

1. When you checked-in, you should have picked up a CEU Record form.
2. You **MUST** print your name legibly! If IHCA staff cannot read your name, you will not get CEUs.
3. You will place a “checkmark” in the box that corresponds with each session you attend.
4. You **MUST** sign the CEU Record indicating attendance and attesting to its accuracy.
5. **You MUST turn in the white copy of the CEU Record form when you leave for the day... NOT before!**
- a. There are CEU cubes located at the registration/check-in desk. **Do NOT turn it in early!**
6. NO CEU records will be accepted after IHCA staff leave the venue on Tuesday.
7. NO CEU records will be accepted by mail.
8. Based on audits & available records, IHCA will determine eligibility for credits.
9. Certificates of Attendance will NOT be mailed. You can print their own CEU Certificate after Friday, February 25, 2022.

**IT IS IMPORTANT YOU KEEP THIS ON-SITE PROGRAM ALONG WITH YOUR
YELLOW COPY OF THE CEU RECORD
IN THE EVENT OF AN AUDIT BY Occupational Licensing.**

Continuing Education

CEUs offered by the Idaho Health Care Association are approved by the Idaho Board of Examiners of Nursing Home Administrators and the Idaho Board of Examiners of Residential Care Facility Administrators. It is up to each attendee to determine the appropriateness of a session and whether it will meet the requirements of their license type. **Individuals are responsible for maintaining their own records of attendance to all IHCA educational events. It is recommended the attendee maintain a copy of the event program to provide detail of sessions offered at each event.**

ATTENTION ASSISTED LIVING ADMINISTRATORS

"The Idaho Board of Residential Care Facility Administrators met on October 11, 2012 and discussed continuing education programs. Concerns were voiced about credit being given for tradeshow. This does not meet the requirements in Rule 401.02 that states the course must be relevant to residential care facility administration. The Board made a motion that credit will not be given for tradeshow, membership meetings, awards luncheons, or board meetings. The Board would appreciate your assistance in educating the administrators about which hours count." As you attend IHCA educational events, please keep in mind the requirements of your license to ensure you are participating in sessions that will help you meet Rule 401.02.

Attendee with a Facility Cancellation Policy

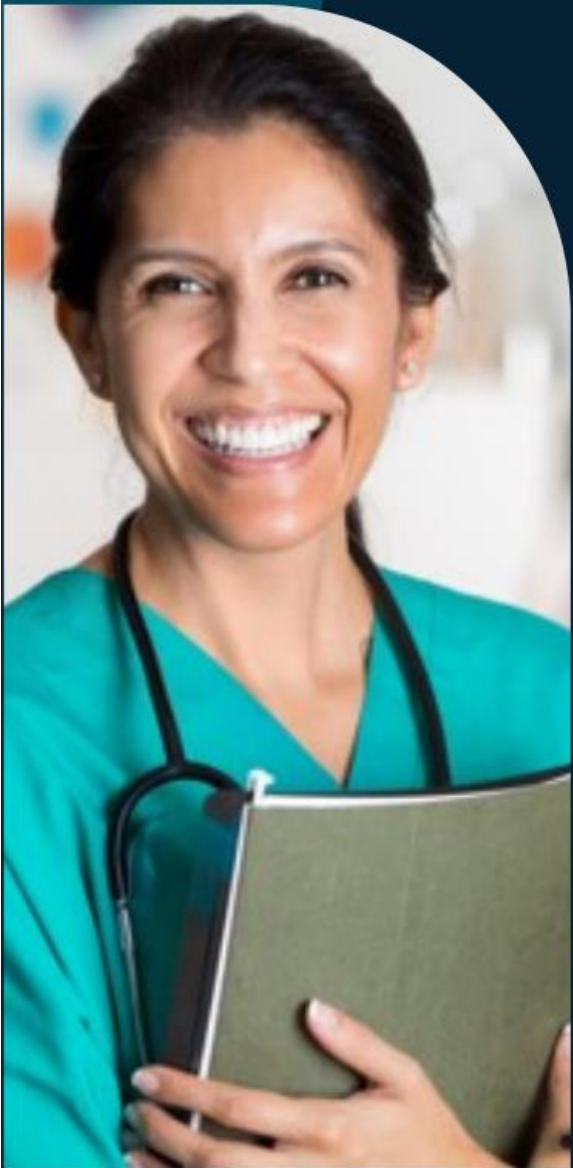
We understand that circumstances arise to prevent you from attending the workshop after you have registered. If you cancel more than seven (7) **business** days prior to the event, we will gladly refund your registration fee and retain only \$50 for a cancellation fee. If you choose to substitute: the substituted attendee will be required to pay the registration fee that is in effect at the time of the change. We are unable to offer any refund within seven (7) **business** days of the event, for cancelled registrants. If you have to cancel at the last minute as a result of a family emergency such as a death, accident or injury, please contact our office and we will consider your situation.



Dates		2022 IHCA Trainings & Events
(First Tuesday of every month)	Infection Preventionist Roundtable Monthly Zoom Meetings	<p>Roundtable for Long-term care - By and For Infection Preventionists!</p> <p>Infection prevention as a profession has become more critical than ever and infection preventionists should not feel alone in overseeing a program. IHCA and the Idaho Healthcare Associated Infection (HAI) program are introducing a Roundtable for Long -term Care Infection Preventionists.</p> <p>Sessions will include infection prevention updates and peer-to-peer interaction in a structured setting. This roundtable series will be facilitated by Tina Loch, RN Senior, Infection Preventionist with the Idaho HAI program.</p> <p>Join us for a 1-hour session monthly. Sessions include:</p> <ul style="list-style-type: none"> • Meeting with your Idaho peers in infection prevention • Review of the most recent Idaho & CDC guidance and CMS regulations • Facilitated discussion of barriers and solutions to guideline implementation <p>Your registration fee entitles you to participate each month for the remainder of the calendar year following your registration so register early in the year to get the most for your registration fee!</p> <p>Intended audience: Infection Preventionists and any others involved in infection control & prevention.</p>
(Third Thursday of every month)	MDS Roundtable Monthly Zoom Meetings	An informal roundtable discussion with Robin Hillier CPA, STNA, LNHA RAC-MT. Robin will host a 1-hour session every 3 rd Thursday of the month starting at 1 pm MT to answer MDS questions. The \$99 annual fee allows you to log-in every month to ask questions or just listen in.
March 24	IHCA Convention / Education Committee Meeting	If you would like to join our committee or have topics/speakers to suggest, please e-mail: monica@idhca.org
March 29 - 30	AL Administrator & Nurse Workshop	This training provides the AL Administrator & Licensed Nurse with an enhanced knowledge of various topics from subject matter experts.
April 6	<p>Mastering the Art of Dementia Care</p> <p>Eric Collett</p> <p>A Mind For All Seasons</p>	This comprehensive all-day workshop course helps participants learn to see the world from the perspective of someone living with dementia. Using real-world case-studies, analogies, role-playing, and the latest insights from dementia research, participants will develop a deep set of tools, approaches and techniques to help them communicate effectively with those living with dementia. Participants will also learn the latest science regarding techniques to help people with cognitive decline function better and help others around them prevent dementia. The course also explores leadership tools to help attendees take what they learn back to their teams and implement meaningful changes in their organizations.

Dates		2022 IHCA Trainings & Events
April 26-28	56th Annual Convention & Tradeshow In Sun Valley	Educational tracks for all provider types.
May 8 – 14	National Skilled Nursing Care Week: "Creating and Nurturing Connections"	
TBD	SNF Administrator & Nurse Manager Workshop	
May 26	IHCA Convention / Education Committee Meeting	If you would like to join our committee or have topics/speakers to suggest, please e-mail: monica@idhca.org
June 24	Idaho's ANFP Dietary Manager Online Training Course Last day to register!	Registration for the Foodservice Operations module closes. More information and to register, go to: https://www.idhca.org/events/idahos-anfp-dietary-manager-online-training-course/
July 14	IHCA Foundation Keith Holloway Golf Classic	Eagle Hills Golf Course
July 15	Summer Workshop	Track for Activity Director students that have completed online course.
July 19 - 20	Dietary Manager Students	Mandatory attendance for Dietary Manager students that have just completed the Nutrition module.
July 28	IHCA Convention / Education Committee Meeting	If you would like to join our committee or have topics/speakers to suggest, please e-mail: monica@idhca.org
September 26 – 28	IHCA – WHCA Joint Fall Conference Spokane, WA	Up to twelve [12] hours of continuing education offered with leadership sessions for everyone. Complete agenda coming to our website in August. Fun Night and 50 Exhibitors!
October 9 – 12	AHCA-NCAL 73 rd Annual Convention & Expo Nashville, TN	Gain fresh insights and perspectives on leadership, innovation, problem-solving, and managing difficult challenges. Plan to attend and don't miss this unique opportunity hear from the best.
October 25 - 26	AL Administrator & Nurse Workshop	This training provides the AL Administrator & Licensed Nurse with an enhanced knowledge of various topics from subject matter experts.
October 27	Annual Convention / Education Planning RETREAT	Everyone is invited to participate. If unable to participate, send topic/speaker suggestions to: monica@idhca.org
TBD	MDS Intensive Robin Hillier, CPA, LNHA RAC-MT Hillier Consulting	This session is intended for all members of the IDT involved in the RAI assessment and care planning process. Please NOTE, this is not an AANAC certification course.

Join the IHCA Staff Recruitment Initiative



IHCA has contracted with InnerVoice Group to create digital ads calling on heroes to work with Seniors and those with disabilities.

These digital ads will display on various social media sites throughout Idaho, specific to targeted audiences. The ads will route job seekers to the exclusive IHCA Job Board and on to facilities and agencies that choose to participate.

To participate, member facilities and agencies will only pay \$250 per month/per facility or agency.

See our Job Board – <https://www.idhca.org/jobs/>

For information & to purchase ads – <https://www.idhca.org/job-board/>

Contact dana@idhca.org with questions.