

Grief, Trauma, & the Impact of COVID-19 on Residents & Staff



Course Syllabus

COVID-19 has rocked the country and the globe. With tens of millions of confirmed cases, hundreds of thousands of deaths, and countless people who have been directly and indirectly impacted it is no wonder why trauma and grief are so high. COVID-19 is not choosy as to who it targets but is like a wildfire burning out of control. Regardless of whether you are in the trenches battling against the war or seeking isolation to prevent the virus from reaching you every person has been impacted. This three-part training will provide a comprehensive overview of COVID-19, as well as grief and trauma and the impact it has on residents and staff. The first part will review COVID-19 and the impact it has on the grief process. Participants are encouraged to review all three parts to gain the full insight of the impact COVID-19 has had and the connection to grief and trauma. The second part will review COVID-19 and the impact it has on trauma as well as providing trauma-informed care to both residents and staff. The third part will review the core practices for providing care to both residents and staff and the relationship to trauma, grief, and COVID-19.

Total course objectives/outcomes include:

- Explain the basics of how COVID-19 spreads and how to reduce potential spread.
- Describe the grief process.
- Identify the five common stages of grief and how they apply to COVID-19.
- Discuss anticipatory grief and the relationship to COVID-19.
- Explore methods to manage grief during COVID-19.
- Explain trauma as it relates to COVID-19 and its impact.
- Explore trauma-informed care and the correlation to COVID-19.
- Discuss the Core Practices and the relationship to COVID-19 care.
- Describe the process for bringing it all together to provide care to residents and staff.
- Discuss the Core Practices and the relationship to COVID-19 care.

Grief, Trauma, & The Impact of COVID-19 on Residents & Staff: Part 1 – The Basics

Presenter: Pamela Truscott, MSN, RN, DNS-CT, QCP, RAC-CT

Audience: All staff and leadership in long-term care facilities

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Objectives: After watching this training, participants will:

- Explain the basics of how COVID-19 spreads and how to reduce potential spread.
- Describe the grief process.
- Identify the five common stages of grief and how they apply to COVID-19.
- Discuss anticipatory grief and the relationship to COVID-19.

Grief, Trauma, & The Impact of COVID-19 on Residents & Staff: Part 2 – Shared Experiences

Presenter: Pamela Truscott, MSN, RN, DNS-CT, QCP, RAC-CT

Audience: All staff and leadership in long-term care facilities

Objectives: After watching this training, participants will:

- Explore methods to manage grief during COVID-19.
- Explain trauma as it relates to COVID-19 and its impact.
- Explore trauma-informed care and the correlation to COVID-19.
- Discuss the Core Practices and the relationship to COVID-19 care.

Grief, Trauma, & The Impact of COVID-19 on Residents & Staff: Part 3 – Bringing it Together Core Practices

Presenter: Pamela Truscott, MSN, RN, DNS-CT, QCP, RAC-CT

Audience: All staff and leadership in long-term care facilities

Objectives: After watching this training, participants will:

- Describe the process for bringing it all together to provide care to residents and staff.
- Discuss the Core Practices and the relationship to COVID-19 care.