

2021 Schedule of IHCA Trainings & Events (work-in-progress)




IHCA-Heartland Pharmacy Learning Center ~ 13945 W. Wainwright Dr. ~ Boise ~ Idaho ~ 208-343-9735 ~ www.idhca.org

2021		DESCRIPTION	
January 13	<p style="text-align: center;">Webinar Wednesday</p> <p>Behavioral Health and Rehab: Keeping Both Their Spirits and Bodies at the Highest Level of Function</p> <p>Sabrina McCarley, M.B.A.-SL, OTR/L, CLIPP, RAC-CT, QCP, FAOTA Director of Quality RehabCare</p>	<p>Prior to the COVID-19 public health emergency our resident’s lives were filled with group dining activities, games, or crafts with friends in the common room, therapy, group exercise classes and frequent visits from loved ones. Their routines came to a screeching halt with the COVID-19 public health emergency. Our residents became restricted to their rooms or apartments, their meals began to be delivered, therapy and exercise became minimal and social activities were stopped. Visitation from loved ones has been restricted; some are able to visit via window visits or social distancing while others have been communicating via Facetime.</p> <p>This presentation will focus on the behavioral health issues that are increasing due to social isolation from the COVID-19 public health emergency and how rehab and community staff and caregivers can work together to establish an individualized, person-centered plan to keep our resident’s engaged in meaningful activities to keep them functioning at their highest level of functioning and improve their quality of life.</p>	<p style="text-align: center;">Zoom Webinar 10 am – 11:30 am MT</p> <p style="text-align: center;">Up to 1.5 CEUs</p> <p style="text-align: center;">\$ 49.</p>
January 20	<p style="text-align: center;">Activity Professionals Workshop & Recognition</p>	<p>In January we recognize the creative & dedicated staff members that raise the quality of life every day for all your residents. Show your gratitude to your activity director by sending him/her to this day of appreciation & education. Mandatory attendance for activity director students that have completed online course.</p>	<p style="text-align: center;">Zoom Meeting 1 pm – 5 pm MT</p> <p style="text-align: center;">Up to 3.5 CEUs</p> <p style="text-align: center;">\$ 79.</p>
January 21 (every 3 rd Thursday)	<p style="text-align: center;">MDS Roundtable</p>	<p>An informal roundtable discussion with Robin Hillier CPA, STNA, LNHA RAC-MT. Robin will host a 1-hour session every 3rd Thursday of the month starting at 1 pm MT to answer MDS questions. The \$99 annual fee allows you to log-in every month to ask questions or just listen in.</p>	<p style="text-align: center;">Zoom Meeting 1 pm – 2 pm MT \$99 annual fee (for calendar year)</p>
January 29	<p style="text-align: center;">IHCA Convention / Education Committee Meeting</p>	<p>If you would like to join our committee or have topics/speakers to suggest, please e-mail: monica@idhca.org</p>	<p style="text-align: center;">ZOOM Meeting 9 am – 11 am</p>

2021		DESCRIPTION	
February 3	Foodservice Professionals Workshop & Recognition	Join us in recognizing nutrition and foodservice professionals and other members of the dietary team for their hard work and dedication to preparing & serving nutritious meals by sending them to a day of education & appreciation	Zoom Meeting 1 pm – 5 pm MT Up to 3.5 CEUs \$ 79.
February 5	Idaho's ANFP Dietary Manager Online Training Course Last day to register!	Registration for the Nutrition module closes. More information and to register, go to: https://www.idhca.org/events/idahos-anfp-dietary-manager-online-training-course/	\$899.
February 10	Webinar Wednesday Tips for Complying with Healthcare & OSHA Regulations Michael S. Oswald, Chartered	Tips for complying with healthcare and OSHA regulations in an environment where the regulators are still figuring it out. This presentation will provide an update on the ever-changing COVID-19 regulatory landscape. It will focus on trends in the rules governing LTC facilities, including any new or proposed laws emerging from the 2021 Idaho Legislative Session. It will also provide examples of actual OSHA cases brought against LTC healthcare companies. Learning Objectives: 1 – Participants will be able to describe to staff the healthcare regulations that are top priority for the regulators, and how to provide convincing evidence of compliance. 2 – Participants will learn about likely legislation and ways to plan for new compliance. 3 – Participants will learn what OSHA cares about and how to comply.	Zoom Webinar 10 am – 11:30 am MT Up to 1.5 CEUs \$ 49.
February 16	Winter Workshop	Retention 911: Reviving, Inspiring, Engaging, Retaining! Christopher Ridenhour Understanding Feelings as a Physical Phenomenon Eric Collett Resilience: Life's Great Shock Absorber Julie S. Dresback	A Virtual Experience! 9:30 am – 3:30 pm MT Up to 4 CEUs \$ 99.

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February 18 (every 3 rd Thursday)	MDS Roundtable	An informal roundtable discussion with Robin Hillier CPA, STNA, LNHA RAC-MT. Robin will host a 1-hour session every 3 rd Thursday of the month starting at 1 pm MT to answer MDS questions. The \$99 annual fee allows you to log-in every month to ask questions or just listen in.	Zoom Meeting 1 pm – 2 pm MT \$99 annual fee (for calendar year)
March 10	Webinar Wednesday Nurse Delegation Maureen Karr, RN	Nursing delegation is an integral component to delivering care to individuals in care settings where nursing services are limited. According to IDAPA 23.01.01.401 Board of Nursing Rules, “In addition to providing hands-on nursing care, licensed registered nurses work and serve in a broad range of capabilities including, but not limited to...delegation... Bring your questions as Maureen Karr, RN discusses Nursing delegation and shares the “toolkit” available to you on the IHCA website.	Zoom Webinar 9 am – 11 am MT Up to 2.0 CEUs \$ 49.
March 18 (every 3 rd Thursday)	MDS Roundtable	An informal roundtable discussion with Robin Hillier CPA, STNA, LNHA RAC-MT. Robin will host a 1-hour session every 3 rd Thursday of the month starting at 1 pm MT to answer MDS questions. The \$99 annual fee allows you to log-in every month to ask questions or just listen in.	Zoom Meeting 1 pm – 2 pm MT \$99 annual fee (for calendar year)
March 25	IHCA Convention / Education Committee Meeting	If you would like to join our committee or have topics/speakers to suggest, please e-mail: monica@idhca.org	ZOOM Meeting 9 am – 11 am
March 31	Social Services Professionals Workshop & Recognition	Honor your social services staff for the important work they do helping families and residents confront, cope with and overcome challenges. Show your appreciation by registering them for a day of training and recognition of the difference they make in the lives of others. Mandatory attendance for Resident Services Director students that have completed online course.	Zoom Webinar 1 pm – 5 pm MT Up to 3.5 CEUs \$ 79.
April 1 – 2	AL Administrator & Nurse Workshop	This training provides the AL Administrator & Licensed Nurse with an enhanced knowledge of various topics from subject matter experts. On this agenda: <ul style="list-style-type: none"> • Financial Planning & Management and Admission Agreements • Accidents – Incidents, Investigations and Reporting • What’s NCAL? • Customer Service • Home Health & Hospice in ALs • Assisted Living Surveys, Trends, & How-to Write an Effective & Acceptable Plan of Correction 	Zoom Meeting 1 pm – 5 pm MT Up to 7 CEUs \$ 149.
April 7	Mastering the Art of Dementia Care Eric Collett A Mind For All Seasons	You will learn the VITAL 5 Pillars of Effective Interaction...including ways to help those you serve have a sense of purpose and non-pharmacological techniques to influence behavior.	Zoom Webinar Up to 6 CEUs

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April 14	Webinar Wednesday Topic TBD		Zoom Webinar 10 am – 11:30 am MT Up to 1.5 CEUs \$ 49.
April 15 (every 3 rd Thursday)	MDS Roundtable	An informal roundtable discussion with Robin Hillier CPA, STNA, LNHA RAC-MT. Robin will host a 1-hour session every 3 rd Thursday of the month starting at 1 pm MT to answer MDS questions. The \$99 annual fee allows you to log-in every month to ask questions or just listen in.	Zoom Meeting 1 pm – 2 pm MT \$99 annual fee (for calendar year)
April 29	Spring Workshop		Sun Valley Resort  Up to 6 CEUs
May 5	Maintenance Directors Workshop (#1 of Series)	<ul style="list-style-type: none"> • Beyond Maintenance: Your Role as a Member of the Management Team • Ombudsman, Adult Protective Services, & HIPAA • Managing Multiple Priorities, Projects & Deadlines 	Zoom Meeting Up to 7 CEUs \$ 99.
May 9 – 15	National Skilled Nursing Care Week – Together Through the Seasons		
May 12 -14 th & May 20 – 21 st	Nurse Management for SNFs Demi Heffenreffer, RN Heffenreffer & Associates	This class is very intensely focused on the requirements of participation. The class is chocked full, fast paced and very intense with homework assigned for night 1 as well. This training is for both beginners and advanced. Questions and discussions are held throughout. Systems for implementation to be in compliance are also discussed extensively. You will leave with quite a “to do” list.	Zoom Webinar 9 am – 1 pm MT Up to 18 CEUs \$ 450.
May 20 (every 3 rd Thursday)	MDS Roundtable	An informal roundtable discussion with Robin Hillier CPA, STNA, LNHA RAC-MT. Robin will host a 1-hour session every 3 rd Thursday of the month starting at 1 pm MT to answer MDS questions. The \$99 annual fee allows you to log-in every month to ask questions or just listen in.	Zoom Meeting 1 pm – 2 pm MT \$99 annual fee (for calendar year)
May 26	Behavior Management in ALs	This presentation will provide a comprehensive view of the subject which will include a review of the updated Idaho rules relating to behaviors. Additionally, it will cover recognizing behaviors requiring monitoring, documentation and care planning. Developing effective interventions, training and modeling for staff and strategies for safety will be included. Scenario exercises based on actual AL experiences will be conducted.	Zoom Webinar 1 pm – 5 pm MT Up to 3.5 CEUs \$ 79.

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		In this session you will review and discuss maintaining regulatory compliance for behavior management, develop effective interventions and learn techniques for using meaningful activity to decrease maladaptive behaviors.	
May 27	IHCA Convention / Education Committee Meeting	If you would like to join our committee or have topics/speakers to suggest, please e-mail: monica@idhca.org	ZOOM Meeting 9 am – 11 am
June 2	Maintenance Directors Workshop (#2 of Series)	<ul style="list-style-type: none"> Managing Outside Contractors & Consultants Department Budgeting Risk Management & Preventative Maintenance Programs 	Zoom Meeting Up to 7 CEUs \$ 99.
June 8 – 10 th & 15 – 17 th	MDS Intensive Robin Hillier, CPA, LNHA RAC-MT Hillier Consulting	This session is intended for all members of the IDT involved in the RAI assessment and care planning process. Please NOTE, this is not an AANAC certification course.	Zoom Webinar 9 am – 1 pm MT Up to 21 CEUs \$ 399.
June 17 (every 3 rd Thursday)	MDS Roundtable	An informal roundtable discussion with Robin Hillier CPA, STNA, LNHA RAC-MT. Robin will host a 1-hour session every 3 rd Thursday of the month starting at 1 pm MT to answer MDS questions. The \$99 annual fee allows you to log-in every month to ask questions or just listen in.	Zoom Meeting 1 pm – 2 pm MT \$99 annual fee (for calendar year)
July 2	Idaho's ANFP Dietary Manager Online Training Course Last day to register!	Registration for the Foodservice Operations module closes. More information and to register, go to: https://www.idhca.org/events/idahos-anfp-dietary-manager-online-training-course/	\$899.
July 13 – 15	55th Annual Convention & Tradeshow	Educational tracks for all provider types. Day 3 will be a 5-hour Ethics in Senior Living program you won't want to miss! Track for Activity Director students that have completed online course & mandatory attendance for Dietary Manager students that have just completed the Nutrition module.	Boise Centre
July 15 (every 3 rd Thursday)	MDS Roundtable	An informal roundtable discussion with Robin Hillier CPA, STNA, LNHA RAC-MT. Robin will host a 1-hour session every 3 rd Thursday of the month starting at 1 pm MT to answer MDS questions. The annual fee allows you to log-in every month to ask questions or just listen in.	Zoom Meeting 1 pm – 2 pm MT \$49 fee (for remainder of 2021)
July 22	IHCA Convention / Education Committee Meeting	If you would like to join our committee or have topics/speakers to suggest, please e-mail: monica@idhca.org	ZOOM Meeting 9 am – 11 am
August 11	Webinar Wednesday Topic TBD		Zoom Webinar 10 am – 11:30 am MT Up to 1.5 CEUs \$ 49.

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August 19 (every 3 rd Thursday)	MDS Roundtable	An informal roundtable discussion with Robin Hillier CPA, STNA, LNHA RAC-MT. Robin will host a 1-hour session every 3 rd Thursday of the month starting at 1 pm MT to answer MDS questions. The annual fee allows you to log-in every month to ask questions or just listen in.	Zoom Meeting 1 pm – 2 pm MT \$49 fee (for remainder of 2021)
September 12-18	National Assisted Living Week		
September 16 (every 3 rd Thursday)	MDS Roundtable	An informal roundtable discussion with Robin Hillier CPA, STNA, LNHA RAC-MT. Robin will host a 1-hour session every 3 rd Thursday of the month starting at 1 pm MT to answer MDS questions. The annual fee allows you to log-in every month to ask questions or just listen in.	Zoom Meeting 1 pm – 2 pm MT \$49 fee (for remainder of 2021)
September 20 – 22	IHCA – WHCA Joint Fall Conference	Up to twelve [12] hours of continuing education offered with leadership sessions for everyone. Complete agenda coming to our website in August. Fun Night and 50 Exhibitors!	Walla Walla, WA
October 10 – 13	AHCA-NCAL 72nd Annual Convention & Expo	Gain fresh insights and perspectives on leadership, innovation, problem-solving, and managing difficult challenges. Plan to attend and don't miss this unique opportunity hear from the best.	Washington, DC
October 19 & 20	AL Administrator & Nurse Workshop	This training provides the AL Administrator & Licensed Nurse with an enhanced knowledge of various topics from subject matter experts.	Zoom Meeting 1 pm – 5 pm MT Up to 7 CEUs \$ 149.
October 21 (every 3 rd Thursday)	MDS Roundtable	An informal roundtable discussion with Robin Hillier CPA, STNA, LNHA RAC-MT. Robin will host a 1-hour session every 3 rd Thursday of the month starting at 1 pm MT to answer MDS questions. The annual fee allows you to log-in every month to ask questions or just listen in.	Zoom Meeting 1 pm – 2 pm MT \$49 fee (for remainder of 2021)
October 28	Annual Convention / Education Planning RETREAT	Everyone is invited to participate. If unable to participate, send topic/speaker suggestions to: monica@idhca.org	ZOOM Meeting 9 am – 1 pm
November 10	Mastering the Art of Dementia Care Eric Collett A Mind For All Seasons	You will learn the VITAL 5 Pillars of Effective Interaction...including ways to help those you serve have a sense of purpose and non-pharmacological techniques to influence behavior.	Zoom Webinar Up to 6 CEUs
November 18 (every 3 rd Thursday)	MDS Roundtable	An informal roundtable discussion with Robin Hillier CPA, STNA, LNHA RAC-MT. Robin will host a 1-hour session every 3 rd Thursday of the month starting at 1 pm MT to answer MDS questions. The annual fee allows you to log-in every month to ask questions or just listen in.	Zoom Meeting 1 pm – 2 pm MT \$49 fee (for remainder of 2021)

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December 8	Webinar Wednesday Topic TBD		Zoom Webinar Up to 1.5 CEUs \$ 49.
December 16 (every 3 rd Thursday)	MDS Roundtable	An informal roundtable discussion with Robin Hillier CPA, STNA, LNHA RAC-MT. Robin will host a 1-hour session every 3 rd Thursday of the month starting at 1 pm MT to answer MDS questions.	Zoom Meeting 1 pm – 2 pm MT



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