



# IHCA Winter Workshop & Legislative Lunch

**Thursday, February 6, 2020**  
**Boise Centre EAST**

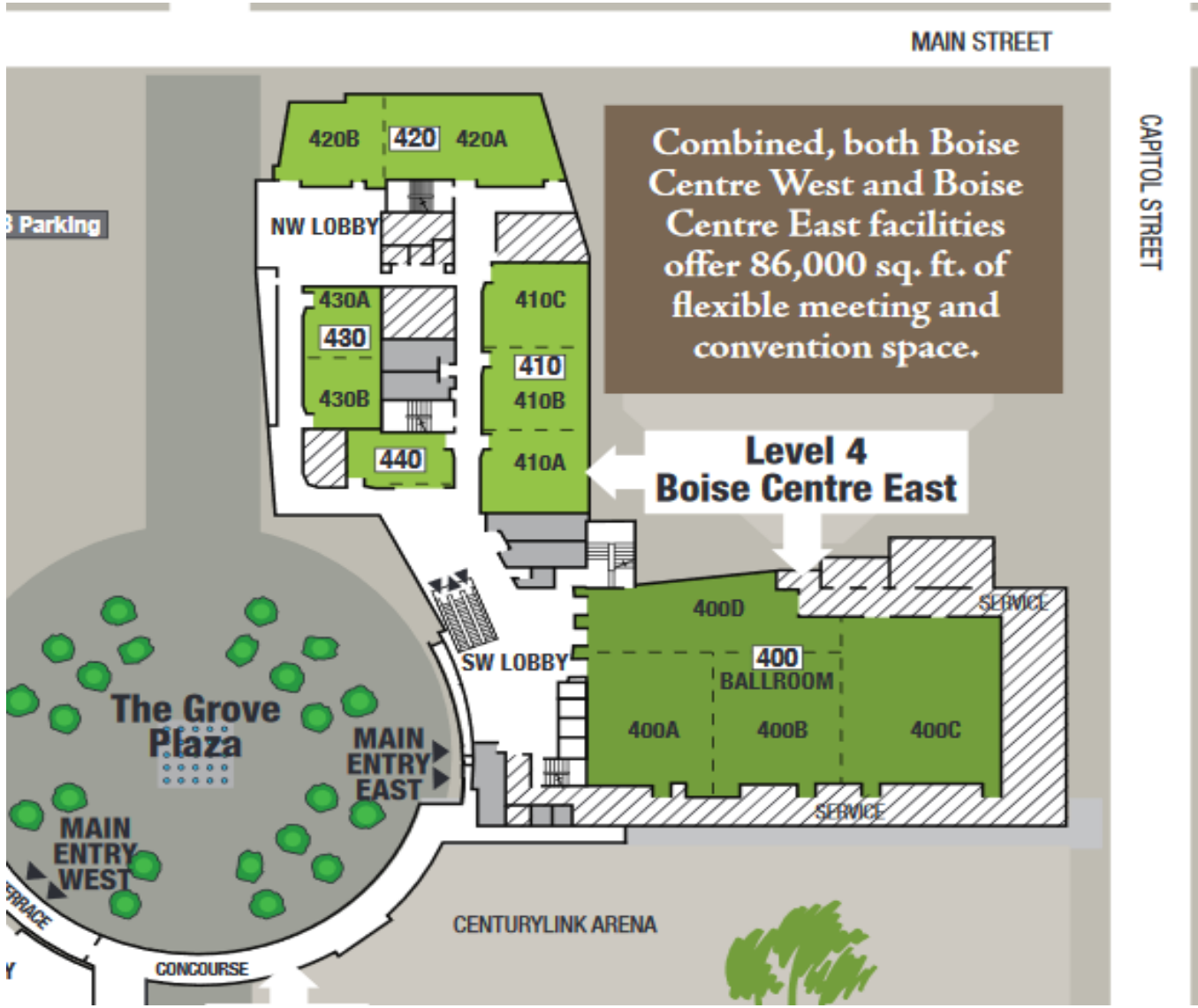
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***Platinum Partners:***



**S & S Nutrition Network**





**Thank You!**

**Edgewood Plantation Place Senior Living  
for the use of your Shuttle Bus & Driver - Andrew again this year!!**



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# Exhibitors

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Have your “Exhibit Card” signed by our exhibitors!

We will be drawing for prizes at the end of the day (4:30 PM) in the Lobby.

You must be present to win.

Thank You Winter Workshop Exhibitors:

Our **PLATINUM** Partners:

- Heartland LTC Pharmacy
- Molina Healthcare

Our **GOLD** Partners:

- Blue Cross of Idaho
- Idaho Health Data Exchange
- Medline Industries

Our **Associate** Members:

- American Medical Technologies
- Brightview Senior Health
- Sandata Technologies
- Soundview Medical Supply

Non-members:

- CARF International



**Don't forget to buy your IHCA Foundation Raffle Tickets! –**  
**\$1 for 1 ticket**  
**\$5 for 6 tickets**  
**\$20 for 40 tickets**

**Raffle Baskets Donated By:**

**A Mind For All Seasons – Eric Collett**

**Copper Summit - April Busby**

**Davenport Hotel & IHCA**

**Life Care Idaho Falls – Alex Martin**

**Meridian Meadows - Emily Chrislip**

**New Beginnings – Brett Waters**

**Royal Plaza Health & Rehab – Mindy Bradley**

**S & S Nutrition Network - Sue Linja**

**The Orchards of Cascadia – Paul Arnell**

**Monica Perry**

**7:30 AM**

**Registration & Foundation Fundraising in SW Lobby  
on Level 4**

**Coffee/Beverages sponsored by**



**& Exhibits Open in Room 400 D**

**8:30 AM – 10:00 AM (1.5 CEUs)**

Room 400 C

**BILLING & REIMBURSEMENT FOR SNFS | RICK HOLLOWAY, ID STATE VETERAN'S HOME; ALEX CHILDERS-SCOTT H & W; REPRESENTATIVES FROM: BLUE CROSS & MOLINA; AND AMY HILLIARD, LIFE CARE CENTER – NORTHWEST REGION**

Presenters including Rick Holloway, Alex Childers-Scott from Medicaid and representatives from Molina and Blue Cross will share updates about the Idaho Medicaid Plus (managed care for duals), discuss problems with SNF claims processing that have been fixed and will also answer questions from the audience regarding SNF Medicaid processing for duals. They will also discuss how the Nursing Facility Quality Payment Program works and how your facility will either get a bonus or a reduction in August.

Room 410 C

**SURVEY PREPAREDNESS... WHAT ARE YOU DOING RIGHT? | MARYRUTH BUTLER, ADMINISTRATOR, MOUNTAIN VALLEY OF CASCADIA**

Maryruth will discuss how to be prepared for a SNF and an AL state survey, how to conduct mock surveys, and how to take credit for the amazing work your facility is doing.

Room 410 AB

**ATMAN APPROACH TO REDUCING OPIOIDS FOR MANAGEMENT OF CHRONIC NON-CANCER PAIN IN LTC RESIDENTS | ABHILASH K DESAI MD, MEDICAL DIRECTOR, IDAHO MEMORY & AGING CENTER; DR TODD PALMER, GERIATRICIAN, FAMILY MEDICINE RESIDENCY OF IDAHO; & ANDY CYR RPH, PHARMERICA**

Opioid use to manage chronic non-cancer pain in long-term care residents is prevalent. Research to date does not provide evidence supporting the widespread use of opioids for chronic pain. Opioids carry serious risks including death and accelerated functional decline. Tramadol also carries substantial risks in long-term care residents and hence is not a great option. Safe alternatives to opioids are available such as acetaminophen, duloxetine, topical analgesics and cognitive behavioral therapy.

**10:15 AM – 11:45 AM (1.5 CEUs)**

Room 400 C

**BILLING & REIMBURSEMENT FOR SNFS | RICK HOLLOWAY, ID STATE VETERAN'S HOME; ALEX CHILDERS-SCOTT H & W; REPRESENTATIVES FROM: BLUE CROSS & MOLINA; AND AMY HILLIARD, LIFE CARE CENTER – NORTHWEST REGION**

**CONTINUED FROM 8:30 AM SESSION**

Room 410 C

**ICF Executive Provider Group Meeting**

Room 410 AB

**COORDINATING HOME HEALTH & HOSPICE CARE ACROSS PROVIDER TYPES | HONEY GOODMAN, CEO, TREASURE VALLEY HOSPICE; DENNIS KELLY, NON-LTC CO\_SUPERVISOR, HOME HEALTH/HOSPICE PROGRAMS, DEPT H&W**

Come participate in the discussion of the critical elements of relationship/communication that must exist between a facility and the home health and hospice agencies for good care and good surveys! Discover the benefits of electing hospice earlier. Participants will be able to contribute to the

improvement of patient care:

- Understand how post-acute providers fit into the changing landscape of healthcare
- Recognize the post-acute provider's role in improving acute providers quality scores
  - The necessity of avoiding unnecessary ER and hospital admissions
    - No longer just concerned with re-admissions
- Understand how community partnerships with home health and hospice providers is setting your organization up for success.
  - How identifying hospice patients sooner will set your organization up for success.

## Legislative Luncheon

12:00 PM – 1:00 PM

Room 400 AB

Do not miss this chance for relationship-building with your local legislators.

They need to hear about issues that are important to YOU, from YOU!

### Thank you to our Sponsors!



Edgewood Plantation Place & Andrew  
for providing Legislators with shuttle  
services!

1:15 PM - 2:45 PM (1.5 CEUs)

Room 400 C

### TRAUMA-INFORMED CARE & CHOOSING PRACTICES THAT INCREASE WELL BEING | MARTHA EKHOFF

Understanding trauma informed care is a key component to address and meet resident needs. This session will focus on defining and identifying trauma events, experiences and effects and how these may impact quality of care and quality of life for those we serve.

1. Define & identify trauma events, experiences & effects;
2. Identify best practices for providing trauma-informed care through knowing each person and engaging the resident, staff, family and other care partners;
3. How to utilize assessment and screening tools for trauma.
4. Identifying and utilizing tools that assist in self-care and trauma recovery.

Room 410 C

### PRINCIPLES OF PARTNERSHIP IN ASSISTED LIVING | ERIC COLLETT, FACILITATOR, A MIND FOR ALL SEASONS

#### ATTENDANCE AT THIS SESSION FOR ASSISTED LIVING

Eric Collett will moderate this session for ALF providers and ALF surveyors following the "Six Principles of Partnership", a framework developed by the Appalachian Family Innovations at Appalachian State University.

Room 410 AB

### SEX, DRUGS, AND ROCK & ROLL | VICKI MCNEALLEY, Director of Assisted Living, WASHINGTON HEALTH CARE ASSOCIATION

Senior living communities are changing - residents want more freedom, more ability to make personal decisions. This session describes an assisted living company in the state of Washington that drastically

revised its policies and offerings to meet the demands of the upcoming (and current) resident demographics. Resident activities have morphed from “the three B’s” (bingo, bus rides, and Bible study) to educational sessions on safe sex, world travel, history, natural health care, cooking classes, and other topics driven by resident interest and recommendations. A “bucket list” has been developed for each community, for which residents identify “If I could...” activities that have resulted in air balloon rides, riding with biker gangs, flying airplanes—the list is endless.

In Washington State, educational sessions on the uses of THC and CBD, along with planned trips to the cannabis shop (and the ability to use their purchases in the senior living community), have created quite a stir among residents and families alike. Just five years ago, these bold changes would have been unheard of in a senior living company.

This workshop will review these forward-thinking changes, and lessons learned from state regulators, staff, residents, and their families.

Learning Objectives:

- Identify areas of interest/expectations for the coming population.
- Explore topics that "push the envelope" and the possible legalities around these topics.
- Brainstorm what tomorrow's senior living communities will look like, based on lessons learned in Washington.

**3:00 PM-4:30 PM (1.5 CEUs)**

Room 400 AB

**ACTIVE SHOOTER PREPAREDNESS | LIEUTENANT SHAWN HARPER, COMMUNITY SERVICES DIVISION**

Come learn how to protect your residents and minimize casualties. Lieutenant Shawn Harper will discuss how to train and prepare your staff for an active shooter threat. “Active shooter” includes any attack on staff or residents with any type of deadly weapon.

Room 400 C

**SNF ADMINISTRATOR ROUNDTABLE DISCUSSION | DEBBY RANSOM, RN, RHIT, CHIEF, BUREAU OF FACILITY STANDARDS**

This session will be an informal, open discussion for skilled nursing facility administrators to discuss IDR - the process and expectations, and as time allows Q & A.

Room 410 C

**PRINCIPLES OF PARTNERSHIP | ERIC COLLETT, PRINCIPAL, A MIND FOR ALL SEASONS**

**Continued from 1:15 pm**

Room 410 AB

**SNF NURSING ROUNDTABLE DISCUSSION | BELINDA DAY & LAURA THOMPSON, LTC CO-SUPERVISORS, BUREAU OF FACILITY STANDARDS**

This session will be an informal roundtable discussion around clinical issues such as blood sugar monitoring, insulin administration, falls & neuro checks, your role in QAPI, investigations and anything else you might want to discuss.

**4:30 PM @ Foundation Corner**

**Basket Raffle & Exhibitor Card drawing  
MUST be present to win!**



## Continuing Education Hours:

**CEUs** are awarded based on verified attendance.

Sessions will be audited by IHCA staff/volunteers to determine accuracy of CEU records submitted.

1. When you checked-in, you should have picked up a CEU Record form.
2. You **MUST** print your name legibly! If IHCA staff cannot read your name, you will not get CEUs.
3. You will place a “checkmark” in the box that corresponds with each session you attend.
4. You **MUST** sign the CEU Record indicating attendance and attesting to its accuracy.
5. You **MUST** turn in the white copy of the CEU Record form when you leave for the day...NOT before!
  - a. There are CEU cubes located at the registration/check-in desk. **Do NOT turn it in early!**
6. **NO** CEU records will be accepted after IHCA staff leave the venue on Thursday.
7. **NO** CEU records will be accepted by mail.
8. Based on audits & available records, IHCA will determine eligibility for credits.
9. Certificates of Attendance will **NOT** be mailed. You will receive an e-mail letting you know when they will be ready.

**IT IS IMPORTANT YOU KEEP THIS  
ON-SITE PROGRAM ALONG WITH  
YOUR YELLOW COPY OF THE CEU  
RECORD  
IN THE EVENT OF AN AUDIT BY IBOL.**

## Continuing Education

CEUs offered by the Idaho Health Care Association are approved by the Idaho Board of Examiners of Nursing Home Administrators and the Idaho Board of Examiners of Residential Care Facility Administrators. It is up to each attendee to determine the appropriateness of a session and whether it will meet the requirements of their license type. ***Individuals are responsible for maintaining their own records of attendance to all IHCA educational events. It is recommended the attendee maintain a copy of the event program to provide detail of sessions offered at each event.***

### ATTENTION ASSISTED LIVING ADMINISTRATORS

"The Idaho Board of Residential Care Facility Administrators met on October 11, 2012 and discussed continuing education programs. Concerns were voiced about credit being given for tradeshow. This does not meet the requirements in Rule 401.02 that states the course must be relevant to residential care facility administration. The Board made a motion that credit will not be given for tradeshow, membership meetings, awards luncheons, or board meetings. The Board would appreciate your assistance in educating the administrators about which hours count." As you attend IHCA educational events, please keep in mind the requirements of your license to ensure you are participating in sessions that will help you meet Rule 401.02.

### Attendee with a Facility Cancellation Policy

We understand that circumstances arise to prevent you from attending the workshop after you have registered. If you cancel more than seven (7) **business** days prior to the event, we will gladly refund your registration fee and retain only \$50 for a cancellation fee. If you choose to substitute: the substituted attendee will be required to pay the registration fee that is in effect at the time of the change. We are unable to offer any refund within seven (7) **business** days of the event, for cancelled registrants. If you have to cancel at the last minute as a result of a family emergency such as a death, accident or injury, please contact our office and we will consider your situation.



Dates	2020 IHCA Trainings & Events	Location
February 28	Foodservice Professionals Workshop & Appreciation Day	IHCA Training Center
March 13	Social Services Professionals Workshop & Appreciation Day	IHCA Training Center
March 31 – April 2	Nurse Management for SNFs	SpringHill Suites Boise Parkcenter
April 24	<b>SPRING WORKSHOP</b>	Sun Valley Resort
April 27 – May 1	Spring REGIONAL MEETINGS	TBD
May 12 - 14	MDS Bootcamp	SpringHill Suites Boise Parkcenter

Please join us in recognizing your  
IHCA Convention/Education Committee.

Thank you for contributing your time and talents in January, to the planning of IHCA continuing education events!

Eric Collett, A Mind For All Seasons  
Committee Chair

Diana Cullin, Prime Time Swingers

Jamie Anthony, Developmental Options

Kristen Tracy, Blue Cross of Idaho

Rachel Storm, Life Care Boise

Sue Linja, S & S Nutrition

Tambra Hunter, ID Veterans Home-Boise



**IHCA Convention 2022**  
**April 26 – 28<sup>th</sup>**  
**Sun Valley Resort**