

# Solid Systems



Everyday strategies to minimize vulnerability

for care delivery systems

1

## Today we will

- . Identify the basic regulatory requirements for each care delivery system
- . Integrate the regulatory guidance and Critical Element Pathways as part of compliance review
- . Maximize committee meetings to minimize harm risk

2

## F692 Nutrition/Hydration Status



www.shutterstock.com · 722718082

3

## F692 Regulation States...

1. Maintains acceptable parameters of nutrition status, such as usual body weight or desirable body weight range and electrolyte balance, unless the resident's clinical condition demonstrates that this is not possible or resident preferences indicate otherwise;
2. Is offered sufficient fluid intake to maintain proper hydration and health'
3. Is offered a therapeutic diet when there is a nutritional problem and the health care provider orders a therapeutic diet.

4

# F692

## Nutrition Hydration Status

### **KEY ELEMENTS OF NONCOMPLIANCE**

*To cite deficient practice at F692, the surveyor's investigation will generally show that the facility failed to do one or more of the following:*

Accurately and consistently assess a resident's nutritional status on admission and as needed thereafter;

Identify a resident at nutritional risk and address risk factors for impaired nutritional status, to the extent possible;

Identify, implement, monitor, and modify interventions (as appropriate), consistent with the resident's assessed needs, choices, *preferences*, goals, and current professional standards of practice, to maintain acceptable parameters of nutritional status;

Notify the physician as appropriate in evaluating and managing causes of the resident's nutritional risks and impaired nutritional status;

Identify and apply relevant approaches to maintain acceptable parameters of residents' nutritional status, *including fluids*;

Provide a therapeutic diet when *ordered*;

*Offer sufficient fluid intake to maintain proper hydration and health.*

**NOTE:** *Weight loss, abnormal protein and electrolyte lab values, and dehydration are not, by themselves, sufficient to support noncompliance at F692. Additionally, a resident does not need to experience weight loss, abnormal protein levels, D or dehydration to show noncompliance.*

5

## Nutrition Critical Element Pathway (Partial)

7. Did the facility develop and implement a comprehensive person-centered care plan that includes measurable objectives and timeframes to meet resident's medical, nursing, mental, and psychosocial needs and includes the resident's goals, desired outcomes, and preferences? If No, cite F656 NA, the comprehensive assessment was not completed.

6

## CEP cont.

8. Did the facility reassess the effectiveness of the interventions and review and revise the resident's care plan (with input from the resident or resident representative, to the extent possible), if necessary to meet the resident's needs

7

To meet the requirements...

Accurate and timely assessment

Identify risks

Obtain sufficient input from resident or representative on resident's choices and preferences

Develop a person centered care plan to address the resident's needs including those preferences

8

## Assessments

PCC options vary depending on which UDA package is in place

RD assessments and communication with facility

Integrating assessment information into NAR committee meetings

9

## Basic Building Blocks For a Solid System



10

## Accurate weights

What strategies do you have in place to ensure consistent accurate weights are obtained?



11

## Accurate Intake

Trust but Verify!



12



## Communication And Documentation

13

Questions??

Let's Play!!!

14

- Identify the basic regulatory requirements for each care delivery system
- Integrate the regulatory guidance and Critical Element Pathways as part of compliance review
- Maximize committee meetings to minimize harm risk