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# Welcome to the IHCA Winter Workshop & Legislative Lunch Tuesday, February 12, 2019

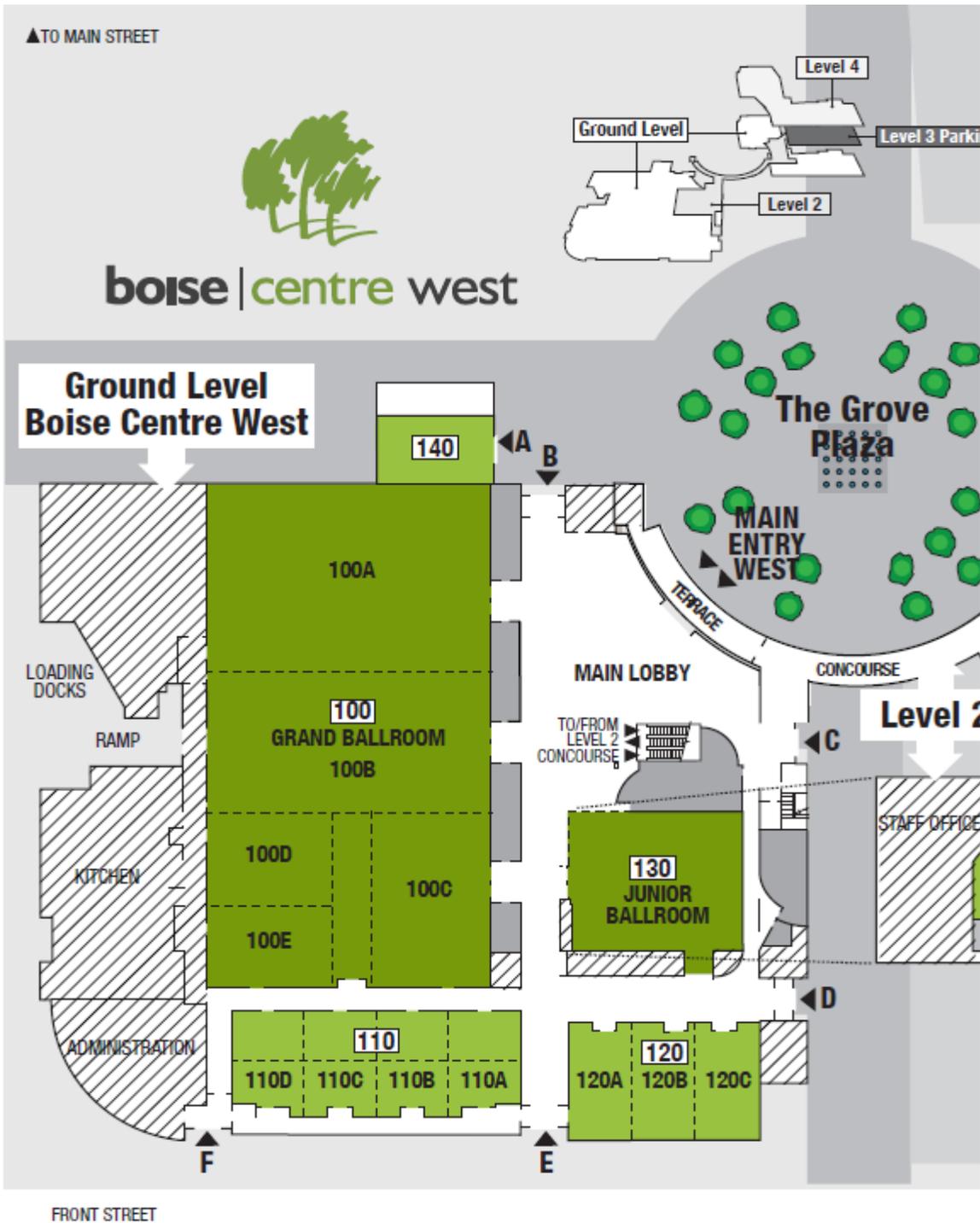
Boise Centre

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**Thank You!**



**Edgewood Plantation Place Senior Living  
for the use of your Shuttle Bus & Driver - Andrew again this year!!**

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# Exhibitors

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Have your “Exhibit Card” signed by our exhibitors!

We will be drawing for prizes at the end of the day (4:30 PM) in the Lobby.

You must be present to win.

## Thank You Winter Workshop Exhibitors:

Our **PLATINUM** Partners:

- Alliance Insurance
- Heartland LTC Pharmacy
- Superior Satellite

Our **GOLD** Partners:

- Medicap Pharmacy

Our **Associate** Members:

- American Medical Technologies
- Cascadia Healthcare

Non-members:

- BSU – Center for the Study of Aging
- Envirocleanse
- Mountain West Food Safety

**Don't forget to buy your IHCA Foundation Raffle Tickets! –**

**\$1 for 1 ticket**

**\$5 for 6 tickets**

**\$20 for 40 tickets**

## Raffle Baskets & “Pound-a-Purse”

### Donated By:

Aspire Human Services

Cascadia Healthcare

Caldwell of Cascadia

Life Care – Boise

Life Care – Coeur d’Alene

Life Care – Lewiston

Life Care – Post Falls

Life Care – Sandpoint

Life Care – Treasure Valley

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A Mind For All Seasons

Five Star Consulting

Molina Healthcare

Prime Time Swingers

S & S Nutrition Network

Edgewood – American Falls

Monica Perry

Rose Doty

Tiffany Redden – Idaho Falls Group Homes

Enrique’s Mexican Restaurant

**“Pound-a-Purse”**

**Pick a purse for \$20**

**Mystery - 1# of something inside!**

**7:30 AM**

**Registration & Foundation Fundraising in Main Lobby**  
**Coffee/Beverages sponsored by & Exhibits Open in Room 100 A**

**8:30 AM – 10:00 AM (1.5 CEUs)**

**Working with Physicians/ NPs in SNFs | David Gifford, MD Senior Vice President, Quality & Regulatory Affairs – AHCA**

**Hospice in ALs...A Collaboration | Honey Goodman, Co-owner & Administrator, Treasure Valley Hospice**

At the conclusion of this session, participants will be able to:

- Identify 3 reasons why collaboration between ALFs and Hospice promote good quality of care at end of life.
- Identify why hospice programs should design their services to support ALF staff as well as patients and families.
- Identify future healthcare trends and payment models that will encourage such collaboration.

**Treatment Options for Individuals with Autism Spectrum Disorder & Primary Mental Health Conditions | Abhilash Desai MD Idaho Memory & Aging Center; Amanda DeYoung BCBA, LPC, Department of Health and Welfare, Division of Family and Children Services; and Ron Oberleitner MBA, Behavior Imaging Solutions**

In this session you will:

- describe common primary mental health conditions in individuals with Autism Spectrum Disorders;
- discuss the role of multi-disciplinary team and technology to accurately identify causes, participate in interventions and monitor response to treatments; and
- describe psychopharmacologic interventions and psychosocial-environmental-nutritional-sensory-behavioral interventions to treat behavioral disturbances and primary mental health disorders in individuals with Autism Spectrum Disorder.

**Are you a “Manager” or a Leader? | Eric Collett, Principal, A Mind For All Seasons**

Most organizations take the best front-line workers and promote them to positions in which they are responsible for the actions of others. Unfortunately, this can inadvertently set the whole team up for failure and decreased innovation because leadership is a learned skill. Without proper mentorship, most people default to management techniques that leave them exhausted and overwhelmed. This insightful presentation will help participants learn how to accomplish more with less stress by shifting from a management to a leadership mindset.

Participants will learn:

- What makes management and leadership different
- Why typical management practices and patterns often exhaust good people
- Proven practices to increase the likelihood that others in an organization will behave in ways that benefit the team
- Strategies to develop a more leadership-oriented mindset

**Fit & Fall Proof™ Programming | Mike S Rice, Fit and Fall Proof™ Program, Central District Health Department**

In this session you will:

- Understand the significant risk a fall can be to an older adult;
- Learn the benefits of adding a Fit & Fall Proof™ Exercise Program to your activity calendar (could be the first line of defense to fall prevention in their facility); and
- Cover the basics so you can lead a class and improve your residents balance and mobility.



**10:15 AM – 11:45 AM (1.5 CEUs)**

**Meeting the Mental Health Needs of LTC Residents Through Collaborative Care Model | Abhilash Desai MD & Adam Kipp MD & Matthew McClure PharmD., PharMerica Consultant Pharmacist**

In this session you will:

- describe collaborative care model;
- discuss potential benefits of collaborative care model in optimally meeting the mental health needs of long-term care residents;
- describe barriers to adoption of collaborative care model in long-term care; and
- discuss practical strategies to overcome the barriers.

**QAPI | David Gifford, MD Senior Vice President, Quality & Regulatory Affairs – AHCA**

**Behavior Plans & Monitoring: Beginning to End | Lea Stoltz, Co-Owner Five Star Consulting**

Many activity directors love their work and the residents they serve but feel the calendar is getting a bit stale. Some struggle to create high-level social experiences within low-level budget constraints. This inspiring presentation will help activity professionals and those who support them discover new solutions. \*Participants should bring their calendars for a collaborative review and strategy session.

Participants will learn:

- Different ways of defining “activities”
- How to leverage the strengths of the entire organization to offer more to residents without adding more to the bottom line
- How to use the activity department to fuel high occupancy
- How to develop a curriculum of active, engaging programs rather than passive activities that keep resident busy but unfulfilled
- Examples of specific programs they can begin implementing right away to enhance their calendars.

**Suicide in Older Adults: What to Look for and How to Help | Rebecca Sprague, Suicide Prevention Program, Idaho Division of Public Health**

This session will use lecture, activities, practice and discussion to address the following topics:

- The suicidal mind and why people die by suicide
- What is true and false about suicide
- Idaho suicide statistics, including those specific to older population
- Suicide warning signs
- Getting those at risk to help
- How to instill hope and increase protective factors
- Isolation vs. belongingness
- Increasing sense of belongingness
- Helping survivors of suicide loss
- The importance of safety and proper messaging

**Trends in Senior Living Culinary Services | Kelee Hansen, MBA, RDN, VP of Operations, Thomas Cuisine Management**

- Let’s discuss new approaches for day to day culinary challenges.
- Share ideas for enhancing resident satisfaction.
- Discuss strategies for improving regulatory compliance.
- Strategize approaches for staffing and increasing employee engagement.

**Programming with a Purpose: How to Supercharge Your Activities | Eric Collett, Principal, A Mind For All Seasons**

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## Legislative Luncheon

12:00 PM – 1:00 PM

Room 100 A

Do not miss this chance for relationship-building with your local legislators. They need to hear about issues that are important to YOU, from YOU!

**Thank you to our Sponsors!**



**1:15 PM - 2:45 PM (1.5 CEUs)**

### **Antibiotic Stewardship for Nursing Homes | AC Burke, MA, CIC, Sr Infection Prevention Advisor**

This session will address the implementation and sustainment of an antibiotic stewardship program in nursing homes. Objectives include:

- Defining antibiotic stewardship;
- Identifying and defining the Centers for Disease Control and Prevention’s (CDC) seven core elements of antibiotic stewardship for nursing homes;
- Reviewing AHRQ toolkits that support the core elements of an antibiotic stewardship program (ASP); and
- Discussing how to determine objectives for your facility’s antibiotic stewardship program.

### **Staff Turnover & Retention | David Gifford, MD Senior Vice President, Quality & Regulatory Affairs – AHCA**

### **Pressure Injury Prevention, Identification & Treatment; Where to Look, How to Look and What to Do with Pressure Injury to Avoid Litigation and Provide Best Care. | Margaret Doucette, MD Chief, Physical Medicine and Rehabilitation Medical Director, Wound Care and Limb Salvage, Boise VA Medical Center**

Key principles of pressure injury prevention will be presented along with strategies for treatment and avoiding litigation. Case presentations with audience participation as “investigators” will be utilized. Additional cases will involve participants as either the defense attorneys or prosecutors for medical malpractice cases to determine pressure ulcers were preventable or not.

Learning Objectives:

- Identify the 3 most common pressure injury sites for at risk patients and how they can be avoided
- Describe 2 programmatic approaches to treating pressure injuries
- Identify 3 principles of pressure injury treatment.

**Easing the Staffing Crisis | Ofelia Morales, Workforce Consultant Senior, ID Dept of Labor & Jenny Moorman, Idaho Caregiver Grant Project Coordinator & Bridger Fly, CommuniCare, Inc & IHCA Board President**

This presentation will demonstrate three different strategies to ease the staffing crisis at your facility.

- Ofelia Morales will share how apprenticeship grants can provide funds for the training programs you might already provide. These grants can be utilized by nearly every employer in Idaho.
- Jenny Moorman will describe how the caregiver grant can help recruit new employees and cross-train existing SNF employees.
- Bridger Fly will discuss how IHCA's legislation will utilize the ICF provider assessment to increase frontline staff wages.

**A Culture of Food Safety: Why I Do What I Do | Patrick Guzzle, Mountain West Food Safety**

This presentation is interactive – meaning that participants should expect to engage in an open (and possibly critical) dialog related to their own operation. Participants may be asked questions or asked to offer their own explanations of what is being discussed and how the discussion can improve their operation.

- Participants will define a food safety culture and understand why an organizational culture of food safety – from the top Administrator to the part time employee – is vital to the success of the organization.
- Participants will identify aspects of their operation where a food safety culture can be implemented.
- Participants will identify times where the implementation of a food safety culture can help prevent a foodborne illness event.

**Animal-Assisted Activities & Animal-Assisted Therapy | Nancy Eimer, Helping Idaho Dogs, Inc**

**FOLLOWED BY: Activity Director Students Sharing Their Projects**

In this session you will:

- be introduced to Helping Idaho Dogs and their programs;
- learn what a therapy dog is & how it differs from a service or comfort dog;
- learn the benefits we've experienced for residents we visit;
- learn about our training process and certification; and
- hear about what a typical visit would include.

Activity Director students are required to share a project from their online course work. Students will take approximately 5 minutes each to share their project with the attendees.

**ICF Providers Only Meeting**

**3:00 PM-4:30 PM (1.5 CEUs)**

**Evaluating Your Infection Prevention Program | AC Burke, MA, CIC, Sr Infection Prevention Advisor**

This session will review CMS infection prevention and control requirements and discuss how to evaluate your infection prevention and control program.

Objectives include:

- Identifying the key components of an infection prevention and control (IPAC) program for nursing homes;
- Identifying Centers for Medicare and Medicaid Services (CMS) updated regulatory requirements for infection prevention and control; and
- Discussing three methods to evaluate your IPAC program.

**RoPs – The Coming of Phase 3 | David Gifford, MD, Senior Vice President, Quality & Regulatory Affairs – AHCA & LTC Survey Supervisors invited**

**Honoring Choices Idaho: It's all about the conversation | Lynsey Winters Juel, MPA, Project Coordinator/HCI Faculty**

In this session Lynsey will:

1. Guide a group advance care planning conversation

which includes:

- Exploration of understanding of ACP
  - Information about how to select and prepare a health care agent
  - Exploration of how goals and values help us make decisions for future medical care
  - Exploration of treatment preferences for a situation involving a severe and permanent brain injury
  - Information about how to complete an advance directive and what to do when it is completed
2. Share resources provided by Honoring Choices Idaho
- Website with free materials
  - ACP Facilitators who are available to guide conversations for their residents/constituents
  - Opportunities to train facilitators within their organization
3. Learn from participants: Group discussion:
- Where are opportunities to integrate ACP into their workflow?
  - How can HCI support their needs?

**Secrets to a Stable Staff: Why High Wages Aren't the Answer | Eric Collett, Principal, A Mind For All Seasons**

Many providers have wanted to pay their teams more for a long time. Although wages certainly matter, the challenges of our labor environment are far more complex than what increasing pay will overcome. This presentation will help leaders develop greater understanding of the most important factors in staffing and how to leverage those factors in practical ways.

Participants will learn:

- Key insights regarding what drives the decisions of staff members.
- Ways to add value for employees without adding to the bottom line.
- Tips for creating a dynamic and energetic culture.
- Factors beyond pay that will have an even bigger impact on recruitment and retention

**Infection Prevention and Control in Food Service, What You Need to Know | Buffy J. Lloyd-Krejci MS, CIC, Owner, Lloyd-Krejci Consulting, LLC**

- Review the national landscape and impact of

infections in Long-term Care Facilities (LTCFs) and how they apply to food service.

- Describe the most common infections related to food service
- Discuss five areas of opportunity to reduce the risk of infections
- Participate in a Foodborne Outbreak Investigation interactive activity.

**What You Need to Know About Copyright Compliance | Teague I. Donahey, Holland & Hart LLP followed by an Update on Technology Grants...Lessons Learned**

Mr. Donahey will provide a short primer on intellectual property issues that can impact health care facilities, including:

- general overview of intellectual property: what it is, how to get it, how to protect it, and how to defend against IP claims;
- copyright issues that arise in the context of motion pictures, and related licensing issues;
- copyright issues that arise in the context of music, and related licensing issues.

**MDS/CAAs & Care Planning for Activity Directors Students-Only | Amy Thurman RN, WCC, RAC-CT, MDS Coordinator, Department of Veteran Services – Boise**

Activity Director students are required to attend as part of their certification process. Upon completion of this session they will be better equipped to accurately complete section F of the MDS with CAAs and care plan, in accordance with the RAI process.

**4:30 PM @ Foundation Corner**

**Basket Raffle & Exhibitor Card drawing  
MUST be present to win!**



## Continuing Education Hours:

**CEUs** are awarded based on verified attendance.

Sessions will be audited by IHCA staff/volunteers to determine accuracy of CEU records submitted.

1. When you checked-in, you should have picked up a CEU Record form.
2. You **MUST** print your name legibly! If IHCA staff cannot read your name, you will not get CEUs.
3. You will place a “checkmark” in the box that corresponds with each session you attend.
4. You **MUST** sign the CEU Record indicating attendance and attesting to its accuracy.
5. You **MUST** turn in the white copy of the CEU Record form when you leave for the day...NOT before!
  - a. There are CEU cubes located at the registration/check-in desk. **Do NOT turn it in early!**
6. **NO** CEU records will be accepted after IHCA staff leave the venue on Tuesday.
7. **NO** CEU records will be accepted by mail.
8. Based on audits & available records, IHCA will determine eligibility for credits.
9. Certificates of Attendance will **NOT** be mailed. You can print their own CEU History after Friday, February 23, 2018.

**IT IS IMPORTANT YOU KEEP THIS  
ON-SITE PROGRAM ALONG WITH  
YOUR YELLOW COPY OF THE CEU  
RECORD  
IN THE EVENT OF AN AUDIT BY IBOL.**

## Continuing Education

CEUs offered by the Idaho Health Care Association are approved by the Idaho Board of Examiners of Nursing Home Administrators and the Idaho Board of Examiners of Residential Care Facility Administrators. It is up to each attendee to determine the appropriateness of a session and whether it will meet the requirements of their license type. ***Individuals are responsible for maintaining their own records of attendance to all IHCA educational events. It is recommended the attendee maintain a copy of the event program to provide detail of sessions offered at each event.***

### **ATTENTION ASSISTED LIVING ADMINISTRATORS**

"The Idaho Board of Residential Care Facility Administrators met on October 11, 2012 and discussed continuing education programs. Concerns were voiced about credit being given for tradeshow. This does not meet the requirements in Rule 401.02 that states the course must be relevant to residential care facility administration. The Board made a motion that credit will not be given for tradeshow, membership meetings, awards luncheons, or board meetings. The Board would appreciate your assistance in educating the administrators about which hours count." As you attend IHCA educational events, please keep in mind the requirements of your license to ensure you are participating in sessions that will help you meet Rule 401.02.

### **Attendee with a Facility Cancellation Policy**

We understand that circumstances arise to prevent you from attending the workshop after you have registered. If you cancel more than seven (7) **business** days prior to the event, we will gladly refund your registration fee and retain only \$50 for a cancellation fee. If you choose to substitute: the substituted attendee will be required to pay the registration fee that is in effect at the time of the change. We are unable to offer any refund within seven (7) **business** days of the event, for cancelled registrants. If you have to cancel at the last minute as a result of a family emergency such as a death, accident or injury, please contact our office and we will consider your situation.



<b>Dates</b>	<b>2019 IHCA Trainings &amp; Events</b>	<b>Location</b>
February 12	Winter Workshop	Boise Centre 850 W. Front St. Boise, ID
Week of March 25	Update Your Knowledge of Human Resources Employee Benefit Packages & Workers Comp	<ul style="list-style-type: none"> <li>• Coeur d'Alene</li> <li>• Meridian</li> <li>• Pocatello</li> </ul>
April 10 - 12	Nurse Management Training for SNFs Demi Haffenreffer, RN	IHCA Training Center Meridian, ID
April 25	Patient Driven Payment Model (PDPM) Workshop David Gifford, MD & Bill Ulrich	Burley Inn & Convention Center 800 N. Overland Ave
April 26	Spring Workshop Medicaid Reimbursement	Burley Inn & Convention Center 800 N. Overland Ave
May 6 - 10	AL Regional Meetings	TBD
May 10	Foodservice 101 Workshop	IHCA Training Center Meridian, ID
June 11	MDS Workshop Robin Hillier, CPA, STNA, LNHA RAC-MT	IHCA Training Center Meridian, ID
June 12 - 13	QM - PDPM...What You Need to Know! Robin Hillier, CPA, STNA, LNHA RAC-MT	IHCA Training Center Meridian, ID
July 8	6 <sup>th</sup> annual IHCA Foundation Keith Holloway Golf Classic	<b>Eagle Hills Golf Course</b> 605 N Edgewood Ln Eagle
July 9 - 11	IHCA 53rd Annual Convention & Tradeshow	Boise Centre 850 W. Front St. Boise, ID
July 9 - 11	Infection Preventionist Certification Training A.C. Burke, MA, CIC	
August 7	SNF/ICF Maintenance Director Training	St. Alphonsus McCleary Auditorium
August 8	AL Maintenance Director Training	
September 24, 25, 26	IHCA-WHCA Fall Conference	The Historic Davenport Hotel Spokane
September 30 - October 4	Wound Care Certification Course	IHCA Training Center Meridian, ID
October 13 - 16	70 <sup>th</sup> Annual AHCA/NCAL Convention	<b>Orlando, FL</b>

Please join us in recognizing your

IHCA Convention/Education Committee.

Thank you for contributing your time and talents to the planning of IHCA continuing education events!

Eric Collett, A Mind For All Seasons

Sue Linja, S & S Nutrition

Lea Stoltz, Five Star Consulting

Diana Cullin, Prime Time Swingers

Brent Schneider, Qualis Health

Kendra Hauber, Food Services of America

Jami Brooks, Aspire Human Services

Kristen Tracy, Blue Cross of Idaho

Holly Cruz, Idaho Falls Care Center

Joyce Foster, Edgewood – American Falls

Whitney Hunter, Edgewood



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## ***Update Your Human Resource Knowledge!***

**March 26<sup>th</sup>** in Coeur d'Alene

**March 27<sup>th</sup>** in Meridian

**March 29<sup>th</sup>** in Pocatello

10 am – 2 pm (lunch included)

For more information & to register, go to: [http://www.idhca.org/events/2019-ihca\\_trendingtopics-2/](http://www.idhca.org/events/2019-ihca_trendingtopics-2/)

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## **Nurse Management for SNF Training**

April 10 – 12, 2019

8 am – 5 pm

IHCA Training Center

This **3-day** course is designed to provide basic and advanced knowledge to learn or improve your role as a Nurse Manager in Long-Term Care. This is an opportunity to develop essential skills necessary for your important role in ensuring resident care and staff management. All relevant Federal and State regulations will be reviewed and interpreted for use in day to day compliance and leadership with focus on a person-centered culture. The new survey process will be addressed; how it differs from the previous process, and how you can best prepare for the revamped survey in the context of the revised nursing home rules (ROP).

**Course Instructor:** This training will be presented by **Demi Haffenreffer, RN, MBA**. Demi has made long-term care her profession since 1973, first as a Director of Nursing and for the last thirty-five years as a consultant. Demi is known as a dynamic and interesting presenter. Her thorough knowledge of the regulations combined with her extensive hands-on experience provide for practical, everyday solutions to the challenges facing the care giver and facility.

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## **Become WOUND CARE CERTIFIED**

LPN/LVN • RN • NP • PA • MD • DO • DPM • PTA • PT • OTA • OT

**5-DAY ONSITE: September 30 – October 4, 2019**

**IHCA Training Center**

This course offers an evidence-based approach to wound management to help clinicians stay current with the standards of care and legally defensible at bedside.

The Wound Care Education Institute® (WCEI®) provides dynamic instructors who use engaging teaching methods proven to help students learn better and retain new material.

To register, call 877- 462 - 9234 or go to: <https://www.wcei.net>

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**COMING: Thursday, April 25, 2019 - Burley Inn Convention Center**



BUSINESS SOLUTIONS  
FOR BETTER  
PATIENT CARE

## A Cross-Trained Team Leads to a Successful PDPM Implementation

PDPM is going to change the future of long term and post-acute care! For a successful transition, an interdisciplinary PDPM Transition Team is critical. The AHCA PDPM Academy Workshop has been designed to lay the foundation for not just a transition person but a PDPM transition team.

It is important for a team of staff be part of a SNF's PDPM Transition Team and attend a PDPM Workshop:

- Administrators and Other SNF Leadership
- MDS Coordinators and Other Resident Assessment Staff
- Nursing, Therapy and Other Care Staff
- Billing and Coding Staff

**A Major Shift in Resident Care & Why a Team is Needed.** The start date for PDPM is less than eight months away. The PDPM case-mix payment model relies on resident clinical characteristics which is a dramatic shift away from the current RUGs. This change will impact all aspects of SNF operations. Important areas impacted by PDPM include:

- Collection of Clinical Information for Care Planning
- Care Plan Design
- Delivery of Daily Skilled Care
- Requirements of Participation and Related Survey & Certification
- SNF Quality Programs (SNF QRP and SNF VBP)
- Billing and Coding Expertise



Transition planning requires a coordinated approach which cuts across all of the areas noted above.

**Laying the Foundation for a Strong PDPM Transition Team.** AHCA's PDPM Academy Workshops are designed to help SNFs develop a coordinated PDPM Transition Plan. The in-person workshop is composed of four modules which lay the foundation for transition planning:

- Module 1: addresses building assessment including operations and quality performance
- Module 2: covers collection of clinical information and patient classification
- Module 3: helps assess market position in a PDPM environment
- Module 4: walks participants through the Academy tools and resources they will receive as we approach the implementation date

Additionally, your team will have access to monthly webinars and "how to" guides to continue preparation up to the October PDPM implementation.